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An Independent Weekly Newspaper Published in the Interest of Delia and the Surrounding District

Vol. XLII, No. 4 (Authorized as second class mail, Post Office Department, Ottawa) DELIA, ALBERTA, THURSDAY, JANUARY 28, 1960 $2.00 Per Year. Five Cents a Copy

FEB 2 - 19

Delia United Church W.A.

Report for 1959

[Contributed]

The local W.A. had a total of 28 members last year, with an average attendance of 12 Officers were elected at the January meeting for the ensuing year.

Our members were deeply touched with sorrow last year with three beloved members, Mrs. Eberle, Mrs. Hubbard, and Mrs. McCully having been called from our midst. We should also mention Mrs. Sinclair and Mrs. Dunlop, who were devoted members of long standing before their retirement to Calgary, who also passed away.

To add interest to our meetings we had Mrs. Martin show pictures and give a talk on her trip to Ireland at our January meeting.

In June Mrs. Berry, provincial pres. of the missionary society, spoke to combined W.A. and W.M.S. meeting, with visitors from Majestic, Craigmyle and Michichi.

In December we were entertained with a film showing Pierre Burton interviewing Dr. Tucker, a missionary in Africa

Our Sunshine Banquet, held in April, was an occasion of happiness and good fellowship.

During the year the members held their Anniversary dinner in the Spring and fowl supper in the fall, both of which were successful. They catered to two weddings and held two bake sales, raising a total of $9.00 Arrangements have been made for the printing of cook books, which should net us quite a nice sum.

$200.00 was donated to the church board; the interior of the church was refinished, new blinds installed, and the kitchen wired to make it more suited to our needs. The manse has had decorating done, and tile installed in the dining room, living room and hall, and a new range purchased. On this we have paid our share.

To extend the work of our church we have made donations to Narramata Training School, to the Students' Christian Movement, to Lamont Hospital for sheets, etc., and a midwifery kit to Korea.

DELIA W.M.S.

The first meeting of the Delia W.M.S. for 1960 was held in the home of Mrs. Turner, with 14 members and one visitor present. Opening hymn No. 105, "My Faith Looks Up to Thee", was followed with a prayer by the president, Mrs. Hewson.

Mrs. Barss conducted the devotional, reading from John I. Chap. 4:7-21. The worship service was from the Missionary Monthly on the theme, "We are all Brothers"; Hymn No. 91, "All the way my Saviour Leads Me".

The minutes were read and approved, and correspondence was read.

The secretaries of each department gave their reports.

Feb. 27th has been set for a bake sale.

Mrs. Isaac and Mrs. Wallace reviewed two chapters from the study book, "Africa Disturbed"

Closing hymn No 21, "What a Friend We Have in Jesus", was followed with a prayer by Mrs. Whitman.

Mrs. Barss and Mrs. Milne served the tea.

A person can't hope for success—he has to "hop" for it.

Neighborhood News

Mr Stewart Crerar, of Banff, was a visitor in the neighborhood last week-end.

• • •

I would like to correct an error made in the Majestic-Farrell Lake W.I. news. The meeting was held at the home of Mrs. Katherine Bolduc. Assistant hostess was Mrs. Anna Beaton.

• • •

Norman Schafer of the R.C.M.P. newly posted at Dawson Creek, was a guest of Mr. and Mrs. Archie McLaren last Thursday.

• • •

Mr. and Mrs. Charley Phillips, and son Charles, were Drumheller visitors on Saturday last.

• • •

The card party held at Majestic School was a big success Everyone enjoyed the evening very much. Mrs. L Sverdahl won first for the ladies at court whist, and Mr. Orval Hands won first prize for the men. Mrs. Orval Hands won the Booby prize for the ladies.

One hamper was won by Mr. Stewart of Delia, and the other hamper was won by Mr. Pasychnyk of Delia. The young people not playing whist, were trying their luck at Bingo.

The amount realized from sale of tickets and collection are to go to provide games and school yard sports equipment.

Diane DeMott won the dollar for selling the most tickets with Perry Beaton a close second.

A delicious lunch was served by Mrs. Belinski and girls of the senior and junior rooms.

• • •

Mrs. Alice McKeiver, of Edmonton, spent last Saturday with relatives living in the neighborhood.

• • •

Mr. and Mrs. Mike Belinski were guests of Mr. and Mrs L. Sverdahl last Sunday evening.

• • •

Mr. and Mrs. Bond, and Mr. and Mrs. George Denuse and sons, of the Queen's Hotel, were guests of Mr. and Mrs. Henry Walters last Sunday afternoon.

• • •

Linda Walters was a guest of Shirley Goronuk last Thursday night.

• • •

Bobby Nelson entertained a number of his young friends on the occasion of his 14th birthday.

• • •

Mrs. Ellen Ridley was a guest of Mr. and Mrs. R Sweepe and family last Sunday.

• • •

Mr. and Mrs. Mike Belinski were supper guests of Mr, and Mrs Chester Cammidge and family, one evening last week.

• • •

Mr. and Mrs. Paul Nelson were Hanna visitors last Saturday.

• • •

Mr. Belinski and a number of neighborhood boys went skating on Harry Nelson's slough, and McKay's dam, last Sunday afternoon.

• • •

Mr. and Mrs George McKay and Mr. and Mrs. Edgar Morlock, and sons, were guests of Mr. and Mrs. Paul Nelson last Sunday afternoon.

Football in the United States was a form of soccer until McGill University showed Harvard University a game in which carrying the ball was permitted. That was in 1874 and Harvard won the game, three to nothing.

—Quick Canadian Facts.

The person who is afraid to admit his mistake is making another.

THE WORLD OF WHEAT

by
W. G. MALAHER,
Director,
Research Department,
SEARLE GRAIN COMPANY, LIMITED

Making Sure of One's Seed

Because of the very adverse weather conditions that existed last fall, it was to be expected that a fair quantity of the grain which was harvested would be unsuitable for seed in 1960. Tests made at various seed laboratories during the past two months have confirmed that this is the case.

Results from one laboratory, where some 1600 samples had been tested up to December 31st, showed that a fairly high proportion of farmers' samples received from northern areas in both Saskatchewan and Alberta germinated below 75 per cent and that a good many ran considerably below this level. Wheat tended to show up somewhat better than coarse grains but, generally speaking, there did not appear to be too much difference percentagewise in the relative performance of the different kinds of grain.

These results point up very clearly the need to have a reliable germination test made of all grain that is intended for seed in 1960. Seed laboratories are well equipped for the purpose since, among other things, they are able to break the dormancy of seed by pre-chilling methods—something that is not possible in a simple germination test made at home.

There is often a tendency to leave the testing of seed until the last minute and since the capacity of the various laboratories is limited, farmers are urged to forward their samples at an early date to avoid possible disappointment through not obtaining results prior to seeding operations.

Grasshopper Infestation

Forecast for 1960 in Alberta

Research Station Weekly Letter
Lethbridge, Alberta

D. S. Smith, Entomologist

An early hatch of grasshoppers in 1959, and a favourable summer have resulted in an increase in the area of predicted infestation in 1960. The cool and wet fall prevented full realization of the potential that existed but enough eggs were laid to constitute the most serious threat to crops in southern Alberta since 1951.

There are a total of 10,610 sq. miles in which crops may be attacked by grasshoppers in the spring of 1960; 6,860 square miles are in the "light" category of infestation, and 3,750 in the "moderate".

For the first time in several years an outbreak is expected in the area from Drumheller and Three Hills, south to the Bow River. The main threat here is from the clear-winged grasshopper. Although this grasshopper generally lays its eggs in road sides, many of them last fall were laid in stubble.

The main area of infestation is centered around Lethbridge, extending to Coutts, Cardston, Fort Macleod, Champion, Vauxhall, and to Medicine Hat along and south of No. 3 highway. Other areas are south of Medicine Hat, around Cowley, and along the Saskatchewan border from Schuler to Alsask and northwest to Hemaruka. In all these areas the migratory grasshopper is the most numerous. This species lays its eggs primarily in stubble fields, although many eggs are also laid along roadsides. Of secondary importance are the two roadside species, the clear-winged grasshopper and the two-striped grasshopper. The first of these is of particular significance, having shown a tremendous increase in the last three years.

As grasshopper infestations are always somewhat spotty in character, there will probably be small localized areas outside the forecast area where damage may occur as well as areas within the forecast area that will be free of trouble. All farmers throughout the south of the province will be well advised to keep a close watch in the spring for grasshopper nymphs on roadsides, headlands and unworked stubble fields; some pastures also may be infested with the clear-winged grasshopper. Hatching can be expected to start between May 15 and June 1.

RADIO

The following are among the high lights of programs to be heard over CBC stations on Thursday, Friday, Saturday, and Sunday, January 28, 29, 30, 31. All times mentioned are Mountain Standard Time.

THURSDAY, JANUARY 28.

3:30 p.m. Traditions in Music.
4:00 " Alberta Almanac.
4:30 " Music, Weather.
5:27 " News.
5:30 " Jazz in Tempo, Roving Reporter.
6:00 " News (local).
6:10 " Byline.
6:15 " Weather, Farm Market.
6:20 " Sports (local).
6:30 " Music, Teen Tempo.
6:55 " Music, Rawhide.
7:25 " CBC Reporter and Tempo Closing.
7:30 " Prairie Concert.
8:00 " CBC News. News Roundup.
8:20 " Post-News Talk.
8:30 " Citizen's Forum.
9:00 " Soundings.
9:30 " The Goons.
10:00 " Jazz Workshop.
10:30 " Eventide.
11:00 " CBC News, Weather.
11:15 " Travel by Music.
11:30 " Nocturne.
12:00 " CBC News.

FRIDAY, JANUARY 29.

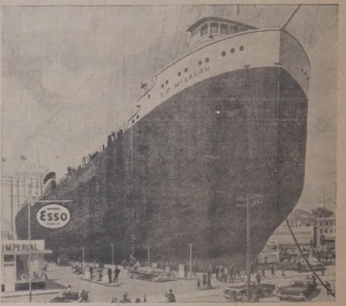
3:30 p.m. Traditions in Music.
4:00 " Alberta Almanac.
4:30 " Music, Weather.
4:45 " Children's Story.
5:00 " Young Artists.
5:27 " News (local).
5:30 " Jazz in Tempo, Roving Reporter
6:00 " News (local).
6:10 " Byline
6:15 " Weather, Farm Market
6:20 " Sports (local).
6:30 " Music, Teen Tempo.
6:55 " Music, Rawhide.
7:25 " CBC Reporter and Tempo Closing
7:30 " The Four Gentlemen.
7:45 " Ask the Weatherman.
8:00 " Roundup.
8:20 " Post-News Talk.
8:30 " Songs of My People.
9:00 " Cameos.
9:30 " CBC Symphony.
10:30 " Anthology.
11:00 " CBC News, Weather.
11:15 " Northern Messenger.

SATURDAY, JANUARY 30

3:30 p.m. Now I Ask You,
4:00 " CBC News, Weather.
4:15 " This Week.
4:30 " This Week at the U.N.
4:45 " Stu Davis.
5:00 " Prairie Sports Final.
5:30 " CBC Light Concert Orchestra.
6:25 " CBC News.
6:30 " N.H.L. Hockey.
8:30 " CBC News.
8:35 " New York Philharmonic.
10:00 " Prairie Schooner.
10:30 " Drama in Sound.
11:00 " CBC News. Weather.
11:15 " Saturday Hoedown.
12:00 " CBC News.

SUNDAY, JANUARY 31.

4:00 p.m. Winnipeg Chamber Orchestra.
4:30 " CBC News.
4:35 " Flashback.
4:42 " Weather.
4:45 " In Reply.
5:00 " Beethoven Quartets.
6:00 " Project "60".
7:00 " Talent Festival.
7:30 " Come All Ye Round.
8:00 " CBC News.
8:10 " Weekend Review.
8:20 " Our Special Speaker.
8:30 " Sunday Chorale.
9:00 " Winnipeg Symphony Orchestra.
10:00 " CBC Stage.
11:00 " CBC News, Weather.
11:15 " Small Talk.
11:30 " Carl Tapscott Singers.
12:00 " CBC News.



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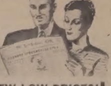

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☐ Le Samedi (French)	4.10
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☐ Christian Herald	4.10
☐ Mayfair	3.10
☐ Woman's Home Companion	4.25
☐ McCall's Magazine	3.90
☐ Free Press Weekly Prairie Farmer	2.75
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NEW — DAYTON ANGLE DOZER Blade 8'x26" high $225.00; 8'x14'x36" Stuber Grain Box $260.00; Front mounted Snow Blower Twin-Fan 6'6" wide 2'6" high for all wide front tractors $765.00. M & L Suppliers Limited, 1208 Cornwall, Regina.

CULVERTS

INEXPENSIVE, MONEY - SAVING DRUM CULVERTS only $1.35 per foot. 23" diameter 16 gauge now available F.O.B. Regina. Manitoba Barrel and Drum Co., 384 Dufferin Avenue, Wnnipeg, or Box 641, Regina.

HAY & SEED FOR SALE

LOOSE AND BALED HAY.—Bill Bushell, Kisbey, Sask.

Santa Claus and the Mouse

EMILIE POULSSON

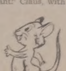
One Christmas Eve, when Santa Claus
Came to a certain house,
To fill the children's stockings there,
He found a little mouse.

"A merry Christmas, little friend,"
Said Santa, good and kind.
"The same to you, sir" said the mouse;
"I thought you wouldn't mind

"If I should stay awake tonight
And watch you for a while."
"You're very welcome, little mouse,"
Said Santa, with a smile.

And then he filled the stockings up
Before the mouse could wink—
From toe to top, from top to toe,
There wasn't left a chink.

"Now they won't hold another thing,"
Said Santa Claus, with pride.



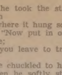
A twinkle came in mouse's eyes,
But humbly he replied:

"It's not polite to contradict —
Your pardon I implore—
But in the fullest stocking there
I could put one thing more."

"Oh, ho!" laughed Santa, "silly mouse!
Don't I know now to pack?
By filling stockings all these years,
I should have learned the knack."

And then he took the stocking down
From where it hung so high,
And said: "Now put in one thing more;
I give you leave to try."

The mousie chuckled to himself,
And then he softly stole



Right to the stocking's crowded toe
And gnawed a little hole!

"Now, if you please, good Santa Claus,
I've put in one thing more;
For you will own that little hole
Was not in there before."

How Santa Claus did laugh and laugh!
And then he gaily spoke;
"Well! you shall have a Christmas cheese
For that nice little joke."

If you don't think this story true,
Why! I can show to you
The very stocking with the hole
The little mouse gnawed through.

Canadian child king-size

The children of today are taller, sturdier and healthier than those of past generations. This has been credited largely to the increase in public health education. Today's parents know much more about good nutrition, prevention by immunization of contagious diseases, and general good health practices. Information on health is available to the public from local or provincial health departments and it includes educational material for the expectant mother, the infant, adolescent, adult and senior citizen. Any local or provincial health department will supply these materials, free of charge.

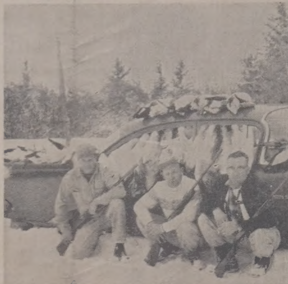
WELDING

SYMONS' SPECIALIZED SERVICES. Cylinder Head and Block Welding. ANY condition or damage, inside or outside cracks, breaks, holes. New-part service for one-third cost or less. Truck Housings Straightened.
ROCANVILLE, Saskatchewan,
P.O. Drawer 118, Telephones 26 and 62

FURS AND HIDES

SASKATCHEWAN HIDE AND FUR Co. pay highest prices for raw furs, beef hides, horsehair and deerskins. Ship today to Saskatchewan Hide and Fur Co., 116 Avenue A South, Saskatoon, Sask.

(The News, Viking, Alta.)



SUCCESSFUL GOOSE SHOOT—While the snow was flying 17 miles south of Coronation, the geese were also flying on October 10th, and three Viking nimrods had the shoot of their lives and brought home 30 geese (count 'em) piled on the car. In the picture the happy hunters are from left to right: Ross Fitzmaurice, Norman Hafso and Dick Cottrell, all members of the north Viking Gas Camp.

HOW TO ROAST TURKEY

WHOLE
HALVES
QUARTERS

Preparing Turkey

If turkey is frozen, thaw the whole, half or quarter bird in the original wrapping at room temperature, (see table), slitting wrapping along back or underside. Place on a rack, slit side down to allow liquid to drain from bird. As soon as thawed, remove giblets from body cavity and prepare turkey for roasting or store unstuffed in refrigerator and roast within 24 hours.

Remove any pinfeathers and wipe all surfaces with a damp cloth or wash bird and dry thoroughly.

Preparing the Stuffing

Allow ¾ to 1 cup stuffing per pound of turkey.

Roasting the Whole Bird

Rub inside of bird with salt. Fill body cavity with stuffing, then close opening with thread or skewers. Fill neck cavity, then fasten neck skin onto back with skewers. Fold wing tips over back. To truss bird, tie drumsticks to tail, bring strings up firmly between drumsticks and body, then bring strings over ends of wings to centre back and tie securely to skewer.

Place bird, breast up, on rack in shallow roasting pan and brush with melted fat. Do not add water. Cover with a double layer of cheesecloth dipped in melted fat OR cover loosely with aluminum foil (dull side out) tucking edges into pan at sides but leaving open at ends.

Roast according to Timetable for Whole Turkeys, if cheesecloth dries, spoon fat from bottom of pan over it. Cheesecloth may be left on until end of roasting time. However, if using aluminum foil, to finish browning bird, remove foil ¾ to 1 hour before end of roasting time, then baste every 15 minutes with fat from pan.

Roasting the Turkey Half

Sprinkle cavity with salt. Skewer skin to meat or bone along cut edges. Tie drumstick to tail. Skewer wing firmly to breast meat.

Place bird skin side down and fill body and neck cavities with stuffing. Skewer neck skin to hold stuffing in place. Over stuffing place aluminum foil and trim to exact shape of half turkey. Press a greased roasting rack firmly against the foil, then turn over so that skin side is up. Place bird on rack, in shallow roasting pan and brush with melted fat. Do not add water. Cover with a double layer of cheesecloth dipped in melted fat OR cover loosely with aluminum foil (dull side out) tucking edges into pan at sides but leaving open at ends.

Roast according to Timetable for Turkey Halves. If cheesecloth dries, spoon fat from bottom of pan over it. Cheesecloth may be left on until end of roasting time. However, if using aluminum foil, to finish browning bird, remove foil 1 to 1½ hours before end of roasting time, then baste every 15 minutes with fat from pan.

Roasting the Turkey Quarter

For either front or hind quarter, skewer skin to meat or bone along cut edges. For front quarter, skewer wing firmly to breast meat, then hold in place by tying with string in crisscross fashion around quarter. For hind quarter, tie drumstock to tail.

Brush all surfaces with melted fat. Place skin side up on rack in shallow roasting pan. Do not add water. Cover with a double layer of cheesecloth dipped in melted fat OR cover loosely with aluminum foil (dull side out) tucking edges into pan at sides but leaving open at ends.

Roast according to Timetable for Turkey Quarters. If cheesecloth dries, spoon fat from bottom of pan over it. Cheesecloth may be left on until end of roasting time. However, if using aluminum foil, to finish browning bird, remove foil 1½ to 2 hours before end of roasting time, then baste every 15 minutes with fat from pan.

Prepare stuffing and bake in a covered casserole or in a piece of aluminum foil during last ½ hour of roasting time.

To Test for Doneness

Run a metal skewer or long fork into thick part of breast or thigh. When done, meat is tender and juice does not show reddish tinge. Meat thermometer reading should be 190 deg. F., when turkey is cooked.

Bread Stuffing

14 cups soft stale bread crumbs
2 teaspoons salt
¾ teaspoon pepper
2 teaspoons savoury
2 teaspoons thyme
1 cup chopped onion
1 cup chopped celery
¾ to 1 cup melted butter

Mix bread crumbs, salt, pepper, savoury and thyme thoroughly. Saute chopped onion and celery in melted butter until onion is transparent, then add to the seasoned bread crumbs. Combine lightly but thoroughly. Makes about 12 cups stuffing—sufficient for one 12 to 16 pound turkey.

TABLE FOR THAWING AND ROASTING

	Eviscerated (Drawn) Weight	Thawing Time at Room Temp.	Oven Temp. for Roasting	Approx. Roasting Time
Whole Turkeys	12-16 lbs.	18-22 hours	325 deg. F.	5-6 hours
	16-20 lbs.	22-26 hours	325 deg. F.	6-7½ hours
	20-24 lbs.	26-30 hours	325 deg. F.	7½-9 hours
Turkey Halves	8-10 lbs.	14-16 hours	325 deg. F.	4-4½ hours
	10-12 lbs.	16-18 hours	325 deg. F.	4½-5 hours
Turkey Quarters	4- 6 lbs.	12-14 hours	325 deg. F.	3-4 hours

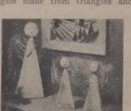
Fuel for energy

To maintain the amount of energy used up by youngsters in their daily activities, they need a diet that is adequate in quantity and variety. To help development of strong straight bones and teeth, a child needs a daily dose of vitamin D from birth throughout the growing years. Daily servings of citrus fruit will supply the vitamin C that is essential to all ages. This vitamin can also be supplied by tomato juice, potato and broccoli, among other fruits and vegetables.

Ice patches are sneaky killers. Treat them with respect.

Christmas angels

Christmas decorations that cost a lot to buy can be made very inexpensive at home from Styrospan, the plastic foam material available in a variety of shapes and sizes. An example is stylized angels made from triangle and balls of Styrospan. Other materials needed are: toothpicks to join head and body, gold spray paint, angels made from triangles and mouth and gold metallic mesh for wings attached with pins. Two or three of these angels make a striking table or mantle decoration.



* * *

Before the holiday entertaining season gets under way, one thing you can do is get your best china and silver ready for use. After washing and cleaning, dishes and silver, wrapped in household saran film to keep them free from dust and tarnish, can be put away again ready for company at a moment's notice.

Hens find protein in sunflower

Sunflower seed oil meal ranks high as a major protein supplement for laying hens, judging from the experimental results from the Canada Department of Agriculture.

In rations containing 2.0 or 2.5 percent fish meal, the complete replacement of other supplementary protein sources with sunflower seed oil meal had no influence on:
—mortality.
—egg production.
—egg weight.
—body weight maintenance.

However, when meat meal was replaced by its protein equivalent of sunflower seed oil meal, and by an equivalent amount of mineral supplements, feed consumption tended to be higher.

Since low dietary energy is usually associated with high feed consumption, it appears that the sunflower seed oil meal diet was relatively low in energy.

These experiments involved 324 pullets confined to individual cages and 630 pullets in floor pens.

ALUMINUM

Production of aluminum in 1958 amounted to a record 634,102 tons, almost 14 percent larger than in the preceding year and slightly above the previous peak of 620,321 tons in 1956.

Woman's Way

MADELEINE LEVASON

"CHRISTMAS GIFT IDEAS"

A frou-frou fly swatter gets my vote as the most novel gift idea of the year. It has all the "ideal gift" qualities; is highly amusing and costs next to nothing.

Now, ideal gifts are supposed to be those which are useful and attractive. Cost is not supposed to matter but "home-made" rather than "store-boughten" items impart that special warmth that is the true spirit of Christmas giving.

Well, what could be more useful than a fly swatter? If you doubt that it can be made attractive, try and visualize its business-end embroidered with colorful flowers and trimmed with ruffles, ribbons or bows. Delightful!

Dime store materials and a little time and imagination add up to the whole cost. You can buy a ready-made swatter and decorate or, if you are really ambitious, make the whole thing yourself.

Other home-made gifts of the nice-old-fashioned variety which seem to delight everyone, rich or poor, are baked goods and jars of pickels and jam.

If you can still remember the delightful treasure hunts through your childhood Christmas stocking, you may like to try an idea I am using this year. An elderly, invalid lady, whose needs are very limited will get a "suprise" box from me. A lot of small items individually wrapped; cans and jars of tasty edibles, a bar of nice soap, candies and any other useful notions, will help make the gift interesting.

New novelty items seem to make welcome gifts too and Canadian manufacturers bring out some every year. Remember those old-fashioned "mop caps"? They're back in fashion. Ruffled and frilly as can be, they are now called "boudoir caps."

The new versions are designed to hide night-time pin curls. They are also being made to match that perennial Canadian favorite, the flannelette "granny" nightgown.

Stockings may sound like a useful but rather ordinary gift, but this year they can be novel. Apart form the fancy colors now made in Canada, there are lacey and striped patterns, and newest of all, the sparkling nylons, with all the glitter of a Christmas decoration in themselves. Happy gift hunting!

Airline disaster in Chicago

The minute-by-minute roar of low-flying planes at Midway Airport in Chicago continued as investigators hunted the cause of a crash which hit a residential neighborhood while attempting an emergency landing.

Eleven persons, including the three-man crew of the TWA cargo plane, were killed, 13 others were injured.

The four-engine Constellation, out of control and its engines sputtering, was trying to return to Midway Airport after taking off for Los Angeles a few minutes before. It crashed three blocks short of its goal on Chicago's populous southwest side.

The plane struck the roof of a two-storey home, ripping off the chimney, shattered the corner of a two-storey brick home and tore the roof away from a neighboring home.

The artist Renoir would hire no household servants unless they were capable of doubling as models for him.

All of us here want to extend to all of you — our good friends and neighbours — sincere wishes for a happy holiday, filled with warmth and cheer and hearty fellowship!

W. J. Sharpe & Co. Ltd.
Regina, Sask.

New drinks developed from fruit

The increasing popularity of juices and juice blends has sparked the development of a number of new fruit drinks, says A. W. Moyls of the Fruit and Vegetable Processing Laboratory, Summerland Research Station, B.C.

High on the appeal list are apple-based drinks. These are of two general categories: baby food drinks and the standard juice packs.

The chief differences between these two types of beverage are the vitamin C (ascorbic acid) content, the sweetness and the sugar-acid ratio. Infant juices are fortified with ascorbic acid to contain 50 milligrams per 100 milliliter. The standard juices contain between 35 and 40 mg. per 100 ml.

In addition, infant juices are sweetened with sugar to 18 percent soluble solids, while standard juices contain from 12 percent to 16 percent sugar. Baby food drinks are therefore sweeter and blander than the beverages developed for adults.

Apple juice, especially the opalescent or "natural" type, is the ideal basis for a fruit juice blend. Its light color and mild flavor, though distinctive of variety when used alone, neither interfere with nor mask the color and flavor of the other fruit used in the blend.

Four apple juice blends suitable for infant feeding have been developed recently at the Summerland laboratory. These are: apricot, apple-prune, apple-pineapple and apple-grape. In these blends the flavor of the second fruit predominates and is added in concentrate form from either canned or frozen juice.

The apple-based fruit drinks, besides being refreshing and palate-pleasing, are wholesome and nutritious. They can also be used with advantage in recipes for cakes, salad dressings, jellied salads and chilled desserts.

LINGERIE GIFTS

Canadian stylist have taken a "coordinated" outlook to lingerie and loungewear this season.

They prefer to team pyjamas and nighties to their cover-up dusters and peignoirs. Lounging pyjamas are often paired to a wrap-around. Even baby doll pyjamas can't escape their briefer version of a cover-up jacket.

And all are packaged in pairs or threesomes for handy Christmas presents to the Canadian woman who likes to travel lightly, or keep her stay-at-home lingerie in neat bundles.

Stylewise, Canadian lingerie almost approaches a sportswear look in lounging pyjamas, housecoats and baby dolls. The loungers will like the new toreador pants matched to the overblouse, often circled by a dramatic coumberbund. Pyjamas sets often prefer the Capri-length pants, topped by a gay jacket. The baby dolls creep higher in efforts to stimulate little boy shorts.

Christmas lingerie takes color in bold doses of red, gold and holly green this season. Sable and leaf green are also popular, with mint, flamingo and deep royal blue running a close second.

Stylists also prefer the dainty look of embroidery in their lace-edged collars, cuffs and pockets. Elsewhere, they turn to the printed side in bold paisleys, flowers or checks.

Easy-care Arnel lingerie fabrics play an important role this Christmas. For dramatic housecoats and hostess gowns, washable Arnel faille turns to paisley prints. The travel sets pair duster to pyjamas in crisp Arnel and cotton broadcloth. Lounging pyjamas take their ease in cashmere-soft "Vocama," a brushed Arnel jersey fabric. For drip-dry ease, Arnel tricot is favored in peignoirs and nightie sets. These Arnel fabrics are all washable, colorfast, and stay free of wrinkles, adding more leisure to leisure-time clothes.

Immigration down

Since the emigration to Canada had been reduced substantially the number of immigrants assisted was also down from the peak year of 1954 when transportation loans were granted to more than 5,000 people. Eighty-eight percent of the money loaned to 20,226 immigrants over the last 12 years has been repaid. "We are very pleased with this repayment record," Mr. Monk said.—Canadian Lutheran Council.

NEW LAMPS FOR OLD

If the Christmas tree lights are not new, the old strings should be carefully checked to ensure that the cords are not worn, sockets not broken and the plugs in good shape. An electrical equipment store will check the lights and supply new parts if necessary—this is safer than using faulty lights. When the family retires or everyone goes out, the tree lights should be unplugged—there could be a fire from overheated lights.

Tail-gating can be fatal. Allow 10 feet between cars for every 10 miles per hour.

Secretariat for Conservation Conference

A secretariat has been appointed to prepare for the National Conservation Conference, Resources Minister Alvin Hamilton announced.

"Many months of intense research and planning will be needed to prepare for this conference," said Mr. Hamilton. "I am very pleased that we have been able to obtain the services of highly qualified resource economists to prepare for this conference on the Conservation and management of, and research into, the renewable resources of Canada."

Dr. Baldur H. Kristjanson, 40, of Gimli, Manitoba, and Ottawa, head of the Co-operatives, Credit Unions and Market Areas unit of the Economic Division, Canada Department of Agriculture, has been appointed Secretary to the National Conservation Conference. Dr. Kristjanson, who is in Iran as a member of the Harvard Advisory Group advising the Iranian Government on economic development, will join the secretariat in December.

Morris Miller, 35, of Montreal and Regina, on special leave of absence from his position of Director of Research and Planning for the Saskatchewan Department of Natural Resources, is associate Secretary and Director of Research. Robert Lederman, 32, of Montreal and Kingston, is Administrative Secretary.

Mr. Hamilton said the secretariat would work under the direction of a steering committee composed of federal and provincial cabinet ministers. Additional appointments will be announced later.

Decision to proceed with plans for a National Conservation Conference was made at a meeting of provincial and federal cabinet ministers at Ottawa in November, 1958. The Conference will examine thoroughly the status of the conservation, research and management of the renewable resources and consider ways through which natural resources can be used more wisely and effectively for the greatest long-term benefit to the Canadian people.

USED CLOTHING UP

1959 was the biggest year yet in used clothing, Mr. Monk reported. The 210,000 pounds sent to Germany, Hong Kong, and the Near East pushed the grand total past the 1,000,000 pound mark. Clothing valued at $1,167,263.00 has been shipped since CLWR began in 1946. A total of 4,152,000 pounds of food have been shipped, along with 5,000 pounds of drugs and 28,675 yards of new cloth. This year's shipments pushed the total value of all food, clothing and other supplies to $2,010,803.00.

Largely responsible for this year's record clothing shipments were public appeals such as that conducted in Western Ontario, Thanksgiving week. A total of 96,000 pounds was shipped out of CLWR's Kitchener warehouse. The Hong Kong shipment of 20,000 pounds went from the Vancouver warehouse. The Winnipeg warehouse shipped 85,000 pounds.—Canadian Lutheran Council.

YOU MUST WAX WISE

If one Christmas candle can be made from melting eight candle stubs, how many candles can be made, and used, from 64 stubs?

Answer: Nine. Note "and used."

The oldest of all wind instruments is believed to be the flute.

THIS IS HOLLYWOOD
NEWS AND VIEWS OF THAT FABULOUS MOVIE TOWN
BY
TOMMY JEROME

For years, Hollywood's photographic technicians had carefully developed certain tricks and secrets of the trade, but today television and the magazines are using and "stealing" these gimmicks right from under the noses of the movie camera men. For instance, when you see a comedian on TV get slapped in the face with a gooey cream pie it is nothing more than a pie shell filled with whipped cream. On TV or in a movie, if you see a howling snow storm, it is nothing more than a few pounds of bleached corn flakes thrown in front of a large wind blowing machine. You are sometimes enchanted by the beautiful scenery in which the actors in a play are surrounded by. No doubt the scene you are viewing was shot in a studio and a color slide was cast on the screen in the background.

In a color photograph or movie, or on television, you might drool when you see a dish of delicious ice cream on a fancy platter. This ice cream is nothing more than a scoop of mashed and whipped potatoes, colored to resemble the flavor they wish to sell. Did you ever see a cup of delicious hot coffee steaming and ready to drink. The coffee no doubt was cold and a lighted cigarette carefully hidden behind the cup so that the smoke could resemble the steam. Everyone's mouth actually gets watery when they see a delicious cake covered with those "licking-good" frostings. Well — the frosting was nothing more than shaving cream which actually photographs better than the real frosting. Did you ever notice how nice and taste-tempting an open can of garden peas looks in a color photo. The peas actually were bleached of their natural color with acid, then they soaked in an aniline dye to give them uniform color, then dipped in glycerine to give them a shine. Meat is usually colored with a red dye to give a fresher look. When you see that lip smacking foam on a glass of beer, it nothing more than whipped egg whites.

But remember, these are not considered deceptions, they are done just so that they can be presented to you, the public, in the most pleasing and appetizing way possible.

"SURE IT'S GOOD!
I HELPED MAKE IT"
beams five year-old Cheryl Hampton of Montreal as she takes a huge mouthful of the two tons of Christmas pudding Canadian National Railways has prepared this year for more than 19,000 servings on dining cars across the country. Cheryl dropped into the commissary car kitchen in Montreal one day, donned her own special chef's hat and apron and went right to work mixing, dumping, and stirring nuts, raisins, spices and a host of other ingredients.

Chef Omer Garneau gives her a few pointers on filling some of the 3200 tins with the pudding. The tins are steamed and sealed and then sent to dining cars to be served piping hot with a hard sauce prepared just before the serving.

Caronia to sail on 35-day spring Mediterranean cruise next May

On May 14, 1960, following her return from her annual world cruise, the Cunard liner Caronia will sail from New York on a 35-day Spring Cruise to the Mediterranean. The big cruise vessel will sail 12,000 miles and visit 14 colorful ports in 11 European and African countries. This will be the Caronia's ninth Spring Mediterranean Cruise.

The complete itinerary includes Funchal, Maderia; Gibraltar; Tangier, Morocco; Malta; Dubrovnik, Yugoslavia; Venice and Naples, Italy; Catania and Messina, Sicily; Villefranche on the French Riviera; Barcelona, Spain; Lisbon, Portugal; Cherbourg, France; and Southampton, England. Rates for this cruise start at $900 and an extensive program of shore excursions has been arranged by Thos. Cook and Son who have scheduled tours to include all the most interesting sights in each port-of-call with plenty of time to enjoy them.

One feature of the cruise is that return passage in any of 11 Cunard liners, including the world's largest superliners Queen Elizabeth and Queen Mary, is included in the cruise fare. Passengers will have unlimited stopover privileges for touring the British Isles and the Continent before returning to New York, which will allow an additional vacation abroad after the Mediterranean Cruise.

Churchill celebrates 85th birthday

Sir Winston Churchill celebrates his 85th birthday recently with his family and a giant internationally-flavoured cake that is a symbol of his long career.

The four-tiered cake was baked from ingredients brought from more than 120 countries to signify greetings from friends all over the world.

A quiet day was planned for the elder statesman. The beam on his face is as broad as ever but his effervescence has been calmed by the infirmities of old age.

Lady Churchill, who is 74, personally supervised preparations for a birthday party for 20 guests — including the four Churchill children, Randolph, Sarah, Diana and Mary.

Churchill's home in Hyde Park was a hive of activity, with a steady stream of gifts and cables from world leaders, personal friends and admirers the great man never has met.

Sir Winston and Lady Churchill came to London yesterday from Chartwell, their country home in Kent. They lunched in a private room at the Savoy Hotel on oysters, prawns, partridge, artichokes and ice cream.

Churchill topped this off with brandy and a cigar.

Emerging from a side door of the hotel, they were recognized by a small group of passerby who cheered.

Smiling, Churchill responded with, "thank you very much."

"The old man," as he is affectionately called, looked in good health although he suffered recently from a cold.

WARNING SIGNALS

Symptoms are the warning signs that may indicate a deeper cause. While a casual headache may mean a temporary tiredness, if it is prolonged it could be indicative of some more serious condition, including eye trouble. Any pain that is recurrent or of long duration should have medical attention — prompt treatment often averts illness.

RIDDLE ME THIS

If you were asked the name of the town most frequently drawn in the holiday season, what should you answer?

Answer: Cork is appropriate— A corking surprise, eh?

DRIVE AND WALK SAFELY

Alberta recreation leaders begin correspondence course

Nine recreation leaders from six Alberta communities have enrolled in first year studies in the three-year correspondence "in-service training course" sponsored by the Cultural Activities Branch (Community Recreation Bureau) of The Provincial Secretary's department. Second year enrolment totals eleven, while eight Albertans will be taking instruction in the final phase of the course.

The training program is open to any adult working in an organizational or supervisory capacity in the field of recreation. Each six-month correspondence study-period is followed by a two-week seminar. Certificates are awarded to candidates who successfully complete their section of the course.

Graduates of the complete training program become qualified to accept employment as superintendents of community recreation. Alberta centres employing fully qualified personnel on a full-time basis are eligible for a provincial government recreation grant not exceeding $1500. The grant for a community employing a full-time partially qualified recreation superintendent may not exceed $800.

Course candidates for 1959-60 are:

First year—Glen Burns, Grande Prairie; Roy Blais, Peace River; Rachael Gowers and Virgina Beckett, Beverly; Martin Bodnar, Edmonton; and Brian Connery, Antonie Bezooyen and Diana White, Calgary.

Second year — Jack Rasmuson, Wetaskiwin; Ted Van Beizen, Three Hills; John Zahara, Ponoka; Gorge Talbot, Olds; Lewis Johnson, Wainwright; Shirley Donald, Edythe Mackey and Noel Mackey, Edmonton, and Rita Foster, Reg Houghton and Jack Worsfold, Calgary.

Third year — Gordon McCutcheon, Taber; Don Moore, Red Deer; Bill Bell-Bathgate, Wetaskiwin; Jack Boddington, Grande Prairie; Syd Moore, Lethbridge; Alex Kaleta, Medicine Hat; Jake Vandenbrink, Prince Rupert, B.C., and Miss Meachie Key, Gimli, Manitoba.

Appointed senior extension assistant

Mary H. Robin has been appointed senior extension assistant in the Extension Department of the University of Saskatchewan in Saskatoon.

MARY H. ROBIN

Miss Robin was formerly assistant research officer with the Centre for Community Studies on the campus.

For some time she was Supervisor of Women's Institutes in the Department of Agriculture in Prince Edward Island. During the Second World War she was a parachute inspector in the RCAF.

Miss Robin received the degree of bachelor of science in home economics (B.Sc. (H.E.) from the University of Manitoba and has a master of science (M.Sc.) degree from the London School of Economics where she mastered in rural sociology.

She was born at Roblin, Man.

Jr. Wings only sponsored club in United States

Detroit's Jr. Wings are now a sponsored club of the Detroit Red Wings, which makes these Jr. Wings, the only amateur team in the United States sponsored by a National Hockey League team.

The Jr. Wings are coached by Jimmy Peters, former N.H.L. forward with Canadiens, Boston, Chicago and Detroit, and play in the Border Cities Hockey League. There are six teams in the league and the other five clubs are Canadian cities close to the International boundary. The Jr. Wings play every Monday night at Olympia Stadium in Detroit.

Making those extra pounds

When too much food is eaten, the excess is absorbed by the body and stored in the form of fat. If all the food taken in is utilized there is none left to form those unwanted pounds, so that by eating only the amounts necessary to maintain the body and supply energy there is less danger of becoming overweight. Canada's Food Rules list the food groups necessary to health—the variety is important to make a balanced diet.

GUARD AGAINST FIRE

EPA ON AGRICULTURAL TOUR

Senior agricultural officials from 20 European countries spent a week in Canada ending November 5, touring Quebec and Ontario agricultural enterprises and investigating extension, vocational training and farm management. The group was sponsored by the European Productivity Agency of the Organization for European Economic Co-operation. A full day was spent in conference in Ottawa where these pictures were taken.

Willem K. Dujardin, Belgium; J. M. A. Penders, Holland; S. C. Barry, Director General (Production and Marketing), Canada; Dr. Kurt H. Petrich, West Germany; Otto Dornik, Austria.

J. E. Dube, Quebec; Basil Moussouros, Greece; Emilio Gomez Ayau, Spain; Bernard Imbaud, France; L. W. Pearsall, Assistant Deputy Minister (Production and Marketing), Canada.

A. Lopes Ribeiro, Portugal; Raffaele Chelini, Italy; S. J. Chagnon, Assistant Deputy Minister (Administration), Canada; Mario Scapaccino, Italy; Francisco M. Vilhena, Portugal; Lutfu Kazancioglu, Turkey.

Eric Rea, United Kingdom; Sten Zachrison, Sweden; John Beatty, North Ireland; Kaare Milthers, Denmark; Svend Grue-Sorensen, Denmark; T. R. Hilliard, and W. M. Croskery, Ontario; E. Dube, Quebec.

Canadian folklore

Dr. Helen Creighton has delved into the folklore of Canada's Maritime Provinces, and especially her home province of Nova Scotia, for the past 31 years, uncovering sagas and songs which, but for her efforts would be lost in the dust of the passing years. Born in Dartmouth, Nova Scotia, at the turn of the century Dr. Creighton attended the University of Toronto until ill health forced her to abandon her chosen career of social work. Following this she freelanced for newspapers and magazines in Mexico City, Ottawa and Halifax. Then she heard of old Enos Hartlan at the mouth of Halifax Harbour and thought that anyone who sang pirate songs would be a good subject for a story. He sang for her saying "me teeth is gone an me voice is rusty," but she was captivated by the beauty that still lived in his music, and songs have held her captive ever since. Through backwoods, up mountains and to lonely islands Helen Creighton made her way by ox-cart, shank's mare and fishing dory to seek out the fast disappearing folk songs of the old timers. Her first book published in 1928 established her internatonal reputation. Following this she gave lectures in New York and Montreal and went on to publish more books, one of which, "Folklore of Lunenberg County" is esteemed as an important anthropological text. Another book "Bluenose Ghosts" is an eerie collection of ghost stories that Nova Scotians like to tell at nighttime when lamps sputter in the darkness and shifting shadows move spookily over hearth and countryside. She has recorded for the Library of Congress, Washington, and since 1947 the National Museum of Canada, Ottawa, has supported her work. A host of learned societies and clubs have honoured her. This summer she travelled to Roumania to attend UNESCO's International Folk Music Council. Recently she was elected a Vice-President of the Canadian Folk Music Society. A Canadian ballet, "Sea Gallows" and an opera, "The Broken Ring" have been composed, based on her wonderful collection of folk music.

Beetle aiding weed control

At Belleville, Ont., scientists of the Canada Department of Agriculture's Entomology Research Institute for Biological Control are discovering ways of controlling weeds by using the insects that attack them.

Toadflax is not a serious problem in Ontario, where the seeds are attacked by a beetle, but it is increasing rapidly on farmlands in the prairie provinces, where this beetle does not exist.

Beetles collected in Ontario were liberated at Marsden, Sask., and Codesa, in the Peace River district of Alberta. They died out at Marsden during a severe winter, but they have increased and spread in the Peace River district.

It is too soon to say whether or not the beetle will reduce the spread of the weed in Alberta. It is not expected to wipe out existing stands, as the weed spreads by underground stems, which are not attacked by the beetle, as well as by seeds.

Because of this, a search is being made in Europe for insects that will attack the stems and roots. If found, they will be tested intensively under quarantine at Belleville to ensure that they will not attack crop plants. Any that survive may be liberated in Canada.

Attempts to control St. John's Wort in British Columbia by liberating three kinds of beetles obtained from abroad have been only moderately successful, and a search for other suitable insects is in progress in Europe.

A leaf-eating caterpillar is being tested at Belleville to see if it is suitable to control tansy ragwort in eastern Canada and studies on the insects that attack Canada thistle are in progress both at Belleville and in Europe.

Winter pests

Colds and 'flu are common winter ailments that cause a great deal of absenteeism in industry and schools. While there is no known cure for either disease, it is usually possible to avoid them, by keeping away from people who have any form of cold, especially those who cough and sneeze without covering nose and mouth with a disposable tissue. It helps, too, to take plenty of outdoor exercise, a balanced diet and adequate rest.

GIFT WRAPPED FIRE

Most homes gather large amounts of flimsy tissue papers at Christmas time. These are very inflammable and should be disposed of as soon as they have served their purpose. Heaped up in the basement, especially near the furnace, they could case a fire.

Exchange Scholarships awarded

Dr. Max Appel of Munich, Germany, has been awarded a WUSC Exchange Scholarship which provides approximately $725 and free tuition, room and board in residence for 1959-60. Dr. Appel will be doing advanced graduate work in the Animal Husbandry Department under the general supervision of Dr. J. M. Bell, Head of the Department.

The French Exchange Scholarship on similar terms has been granted to M. Jean Paul Creissen of Nice, France. M. Creissen has a degree in law from the University of Aix-Marseille and will be continuing his studies in the Department of Economics and Political Science for the year 1959-60.

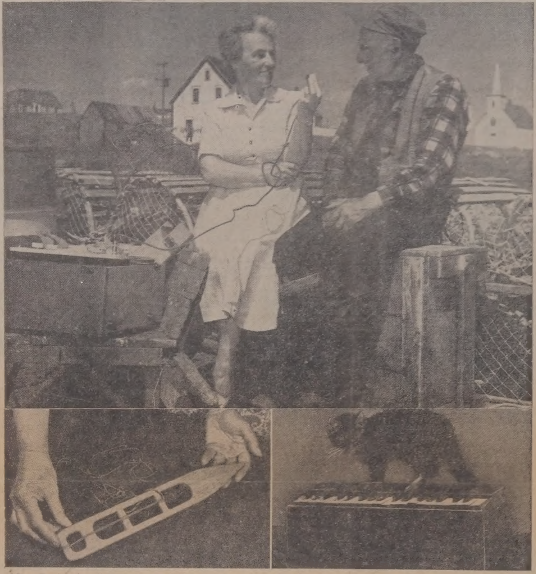
Two Unilateral Scholarships have also been awarded by WUSC at the University of Saskatchewan. Each of these scholarships provides approximately $660 for maintenance plus free tuition, board and lodging during the University year 1959-60. Miss Fudeko Obazam, who has a degree from the University of Tokyo, Japan, will be studying English and Education. Mr. Bhartendu, of the Institute of Applied Physics, the University of Allahabad, India, will be working under Dr. B. W. Currie, Head of the Physics Department on the development of electronic devices for use in upper atmospheric investigations.

DRIVE AND WALK SAFELY

GIANT ON THE ROAD

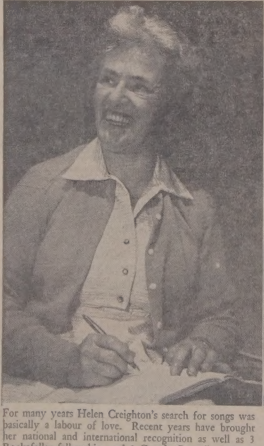
There are few things more annoying than the big truck that stays in the middle of the road, frustrating the small car hopes to pass. The skilled truck driver usually is courteous and makes way for the small fry vehicles. He keeps to his own side of the road, except when it is necessary to do otherwise. Accidents are easily caused by the sudden attempts of the overtaking car to pass—the truck driver himself would benefit by letting the smaller cars out of his way.

Song Chaser, Helen Creighton



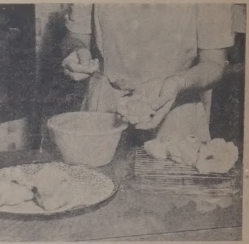
Nova Scotia's famed folklorist, Dr. Helen Creighton, has been chasing songs most of her adult life and in the course of a rich and rewarding career she has uncovered a wealth of musical treasure scattered throughout Canada's colourful maritime provinces. In her quest for authentic folk songs and folk tales she is a tireless traveller to the provinces' many ports and fishing villages where old-timers readily record their repertoire of old songs for her, or into sun-drenched fields where farmers sing their work songs as the golden grain is lifted onto wagons. She has scoured many of Nova Scotia's wave-lashed off-shore islands to track down a song, travelling about Bon Portage Island by ox-team, and trundelling her modern tape recorder around Devil's Island in a wheel-barrow. Above, on a jetty strewn with lobster pots, William Gilkie of Sambro, N.S., records some songs. Above, left, Helen Creighton displays a "Seaman's Puzzle"—part of her folklore collection. Sailors were given puzzle when imprisoned, kept prisoner until cord was removed. Right, a playful kitten poses on the keys of her melodeon—a miniature organ which Dr. Creighton took along in the early days of her song gathering. She picked out the tune as singers sang their age-old songs, adding to her prized collection.

National Film Board of Canada Photos by Chris Lund.



For many years Helen Creighton's search for songs was basically a labour of love. Recent years have brought her national and international recognition as well as 3 Rockefeller fellowships and 3 Canada Council grants to enable her to continue her valuable work.

In the Public Archives of Nova Scotia, Dr. Creighton checks some of the 400 odd tapes deposited there. Originals are lodged in Canada's National Museum in Ottawa. Thanks to her tireless efforts, a colourful part of Canada's storied past has been preserved.



CREAM PUFFS baked in advance and frozen are defrosted and filled with Ambrosia Cream filling, then sprinkled with confectioner's sugar. Filling can also be made in advance but bowl should be covered with transparent wrap before refrigeration to prevent a "skim" forming.

CREAM PUFFS

From the test kitchens where many Canadian companies try out their own products come many delicious recipes for our eating pleasure. It may seem audacious to try and improve anything so basically right as the cream puff, but if you try this recipe you will agree it is aptly named Ambrosia—food for the gods—which means down-to-earth good eating for ordinary mortals.

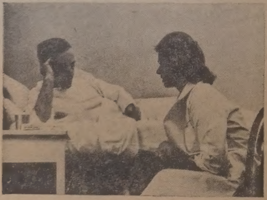
These cream puffs are surprisingly easy to prepare. If you make the puffs ahead of time and freeze, the filling only takes minutes to whip up.

AMBROSIA CREAM PUFFS

1 pkg. of cream puff mix
1 20-oz. can crushed pineapple (save juice)
1 vanilla pudding mix (cooking type)
⅓ cup red maraschino cherries chopped fine
confectioner's sugar

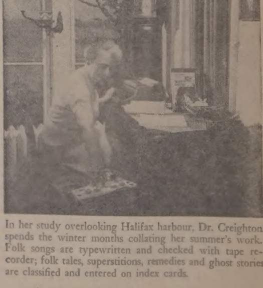
Prepare and bake cream puffs according to directions on package. Cool on wire rack. (Recipe makes 14 large puffs, half of which can be wrapped in transparent saran film and frozen for future use). Make filling by combining crushed pineapple and juice with pudding mix in a saucepan. Cook until mixture thickens. Cool. Whip cream until quite stiff. Gently fold cooled fruit mixture and cherries into whipped cream. Cut off tops of cream puffs and fill. Replace tops and dust lightly with confectioner's sugar. Serve immediately.

TB Aid and Comfort



The tuberculosis patient needs a full quota of understanding in his long fight back against the inroads of the disease. Christmas Seal contributions help provide rehabilitation services for TB patients.

Dr. Creighton feels that Canadian writers and musicians would do well to turn to their country's rich store of folklore for inspiration, as C.B.C. producer John Hobday did. Here they discuss one of a series of dramatic presentations based on her book, "Bluenose Ghosts."



In her study overlooking Halifax harbour, Dr. Creighton spends the winter months collating her summer's work. Folk songs are typewritten and checked with tape recorder; folk tales, superstitions, remedies and ghost stories are classified and entered on index cards.

DR. SAUL COHEN
—Sask. Gov't photo.

Consulting physician

Dr. Saul Cohen, Regina physician and surgeon, has been appointed consulting physician to the new counselling and referral centre for alcoholics, Hon. T. J. Bentley, minister of social welfare and rehabilitation, announced. The centre, which opened recently, is located at 2614 6th Avenue in Regina. The appointment of a consulting physician was made on the recommendation of Dr. Nick Chwelos, medical director of the bureau on alcoholism.

Dr. Saul Cohen was born in Toronto 38 years ago and was educated in that city. He graduated in medicine from the University of Toronto in 1943. He served as a medical officer with the Canadian Army from 1943 to 1946. After the war he came to Saskatchewan and practised medicine in Melville for eight years. For the past five years he has practised in Regina. He is married and the father of three children.

Dr. Cohen first became interested in the treatment of alcoholics three years ago when he heard a talk on alcoholism at a meeting of the Regina and District Medical Society.

As a key member of the centre's rehabilitation team, Dr. Cohen will advise on treatment and referral of alcoholics, aid in enrolling the help of community agencies, advise on medical planning, and assist in the community education program.

APPOINTED

Chas. W. Gibbings, of Regina, second vice-president of the Saskatchewan Wheat Pool has been appointed Provicial Division Chairman of the University of Saskatchewan's $2,500,000 Golden Jubilee Fund. The announcement was made by E. C. Leslie, Q.C., of Regina, general chairman of the campaign.

Mr. Gibbings served on the Saskatchewan Royal Commission on Agriculture and Rural Life, was a member of the Canada-United Kingdom Trade Mission in 1957 and is Regional Director of the Dollar Sterling Trade Council.

CHAS. W. GIBBINGS

Mr. Gibblings farms at Rosetown and is a board member of Canadian Co-operative Wheat Producers, Co-operative Life Insurance, Co-operative Fire and Casualty Co., Regina Exhibition and Saskatchewan Research Council.

A graduate of the University of Saskatchewan (Bachelor of Science in Agriculture 1942), he is a past member of the Senate for the University of Saskatchewan and has been an instructor on Dominion Provincial Youth training for the Extension Department of the University. He has also instructed at the University School of Agriculture.

Mr. Gibbings was first elected a Wheat Pool delegate in 1946. He was elected Director for Wheat Pool District 11 in December of 1951 and second vice-president of the organization in February 1955.

FOOD COSTS IN TB SANATORIA

Food costs per patient-day in Canadian TB sanatoria in 1958 averaged $1.34, provincial averages ranging from $1.11 in Manitoba to $2.45 in Nova Scotia.

Brewery study said complete

Grande Prairie, Alta. — It was learned that the market survey with regard to the establishment of a brewery in the city has now been completed, as has an economic report.

With an engineering report at present underway, it is not expected to be too long before a definite announcement regarding the brewery will be made.

It has been reported that the proposed brewery will produce a European type barley beer. It has also been rumored that the group intends to can the product so as to encompass the Northwest Territories in its market.—The Herald-Tribune.

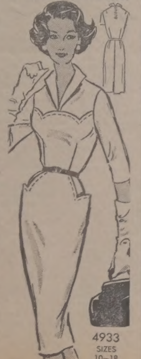
HIGHER EDUCATION

Enrolment in 37 Canadian universities and colleges in courses for credit toward a degree or diploma in 1958 totalled 32,199, with 72.2 percent taking Arts and Science courses. Enrolment in non-credit courses amounted to 88,554, with 43.9 percent in professional training and refresher courses, 35.0 percent in courses of social education, 10.4 percent in fine arts and 10.7 in liberal arts.

Fashions for young and old

'Must-have' fashion

PRINTED PATTERN



4933
SIZES
10–18

by Anne Adams

A slimming streak of a dress to live in happily all day. Curved yoke repeats smart line of the hip pockets. Sew it easily in glowing wool, drip-dry blend or jersey in new "earth" tones.

Printed Patterns 4933: Misses' Sizes 10, 12, 14, 16, 18. Size 16 takes 2¼ yards 54-inch fabric.

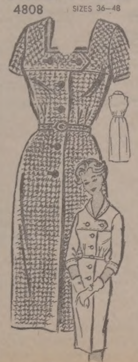
Printed directions on each pattern part. Easier, accurate.

Send fifty cents (50c) in coins (stamps cannot be accepted) for this pattern. Please print plainly Size, Name, Address, Style Number. Send order to:

Anne Adams Pattern Dept.
Department P.P.L.,
60 Front Street, W., Toronto

To size 48

PRINTED PATTERN
4808 SIZES 36–48



by Anne Adams

Narrow and smart—that's the way you look wherever you go in this easy-sew step-in. Its lean lines are crisply accented by a square neckline, tab detail. For cotton, crepe, wool.

Printed Pattern 4808: Women's Sizes 36, 38, 40, 42, 44, 46, 48. Size 36 takes 3¾ yards 35-inch.

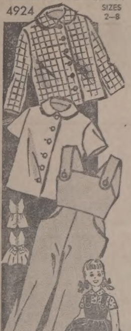
Printed directions on each pattern part. Easier, accurate.

Send forty cents (40c) in coins (stamps cannot be accepted) for this pattern. Please print plainly Size, Name, Address, Style Number—send to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street, W., Toronto

Wonder wardrobe

PRINTED PATTERN
4924 SIZES 2–8



by Anne Adams

Mix-match wonders — all quick-to-cut, easiest to sew. Whip up blouse, jumper, jacket, overalls in thrifty cottons- gay solids or bright plaid 'n plain duo.

Printed Pattern 4924: Children's Sizes 2, 4, 6, 8. Size 6 blouse takes 1⅛ yards 35 inch; jacket 1⅜; overalls 1⅞ yards.

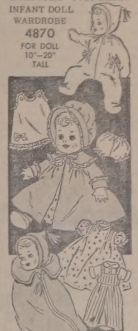
Printed directions on each pattern part. Easier, accurate.

Send Forty Cents (40c) in coins (stamps cannot be accepted) for this pattern. Please print plainly Size, Name, Address, Style Number—send to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street, W., Toronto.

Doll wardrobe

PRINTED PATTERN
INFANT DOLL
WARDROBE
4870
FOR DOLL
10"–20"
TALL



by Anne Adams

Delight a little girl with this beautiful baby-doll wardrobe. Easy-sew pattern includes bunting, snow-suit, overall set, coat, hat, dress, slip and panties.

Printed Pattern 4870: For dolls 10, 12, 14, 16, 18, 20 inches. State size.

Printed directions on each pattern part. Easier, accurate.

Send Forty Cents (40c) in coins (stamps cannot be accepted) for this pattern. Please print plainly Size, Name, Address, Style Number, to:

Anne Adams Pattern Dept.
Department P.P.L.,
60 Front Street, W., Toronto.

(The Advance, Renfrew, Ont.)

BRUSH WOLF—Cameron Shields downed this brush wolf on the farm of Gordon Holmes in Admaston. Out hunting wolves, Shields came on a pair of the animals and downed one with two shots from his 30-30 at 40 yards. —Advance photo.

Growers lose $160,000 in biggest beet loss

Steinbach, Man — Sugar beet growers living east of the Red River, mostly between Steinbach and Niverville, have lost an estimated $160,000 on this year's crop. Growers only harvested 38-40 percent of the crop before 'impossible" harvesting conditions overtook them.

Although the growers put forth Herculean efforts to save the crop by employing extra help and hiring high-powered caterpillars to pull the ordinary tractors out of the mud the best efforts have now failed, and this year s crop will go down in the records as a damaging loss, a major calamity for many of the growers.

This year's failure marks the worst sugar beet year since 1941, and represents a much larger loss in actual cash since the price of sugar beets was then only $6 50 a ton whereas it is now $13.00 a ton.

Manitoba Sugar Co. fieldman K. T. Kroeker says that many of the growers have taken such a loss that they are "completely finished" as far as the beet growing in the future is concerned. Growers are "hoping" for help from the government, but don't know yet what the outcome in that direction will be. Total acreage loss is about 3,120 — The Carillon News, Nov. 20/59.

Arthritis appointments

Two appointments to the physiotherapy staff of the Canadian Arthritis and Rheumatism Society were announced recently by Mrs. Eva Thurston of Regina, President of the Saskatchewan Division.

Miss Helen Gunson has been appointed physiotherapist in charge of the Society's Home Physiotherapy Treatment Service in the city of Regina. Miss Gunson is a graduate of the New Zealand School of Physiotherapy. She will be available to give home physiotherapy treatment to arthritic patients in Regina who have been referred to the Society by their family doctors.

Miss Patricia Tolley has been given the appointment of physiotherapist to the Regina Rural Region. Miss Tolley is a graduate of the Physiotherapy School, King's College Hospital, London, England, and has only been in Canada six weeks. She will continue the intensive regional home treatment program started by the Society in the south-eastern part of the province in May of 1958.

This program, according to Dr. C. L. Comrie, Regina Medical Director for the Saskatchewan Division has been very well received by the medical profession and has proven its worth. The physiotherapist visits patients referred to the Society in the patients' own homes and attempts to set up a comprehensive treatment and rehabilitation program for each patient. The emphasis is on improving the patients' functional status and helping them in their activities of daily living. The physiotherapist carries no elaborate physiotherapy equipment with her. Rather, she tries to teach arthritic patients to do exercises and to use those types of physiotherapy equipment available in any home such as wax baths, sliding boards, ropes and pulleys and so on. It is the intention of the Society to extend this type of physiotherapy program to all parts of the province as physiotherapists and funds are available, Dr. Comrie said.

Polish official asks for U.S. asylum

Col. Pawel Monat, one of Communist Poland's chief intelligence officials, has asked for asylum in the United States the State Department in Washington reports.

The Monat family has arrived in the U.S. and their aplication to stay is "being processed in the usual manner," a state department spokesman said.

Monat is reported to have been the intelligence boss of Polish military attaches in diplomatic missions around the world. As such, he could be expected to know much about the Poles' military intelligence work, including possible links with the Soviet Union.

Anything goes

Despite the bad taste and odor of coal oil, small children have not been deterred from drinking this poisonous liquid. Many youngsters have been saved from death after swallowing coal oil, only by the fast work of doctors or hospital staff. In cases where this or other poisons have been swallowed, a doctor should be called or the patient rushed to hospital, whichever is quicker. The best way to prevent these accidents is to keep medicines and poisonous household substances safely stored away out of children's reach.

Editorials from Canadian Weekly Newspapers

(These are not necessarily the views of the editor of this paper)

Carbon monoxide danger

(The Representative, Leduc, Alta.)

Every year, about this time, reports start to come in of fatalities caused by carbon monoxide poisoning despite numerous and emphatic warnings of the danger of such poisoning. In the hope that one or more such accidents can be averted, we are again drawing attention to the very real menace which confronts all those who use cars, trucks or tractors—or even the small internal combustion engines still used on farms for pumping water and similar chores.

With the advent of colder weather, there is an increasing and understandable tendency to keep vehicle windows tightly closed, to start engines before opening garage doors, or leave vehicle motors running to produce some warmth for occupants of such vehicles. There are a few simple rules which, followed undeviatingly, could do much to lessen such dangers. A vehicle should always have at least one window partly open, even at extremely low temperatures. Garage doors should always be opened before the motor is started, even at the expense of some discomfort. And a parked vehicle left running to produce heat should invariably have some provision for ventilation—generally, a window partly opened will do the trick. Age or condition of the vehicle have little to do with the safety factor. All internal combustion engines, regardless of efficiency, produce carbon monoxide and the victim of a 1960 model is just as dead as one who succumbs to the fumes from an aged jalopy.

Universal acceptance and practice of these few simple rules will go far to reduce the hazard of monoxide poisoning—and will make more room in our daily papers for reports of a happier nature. After all, casualty lists resulting from carbon monoxide poisoning are not the happiest of reading particularly for bereaved relatives and friends.

★ ★ ★

"Editor's prayer"

(The Advocate, Drayton, Ont.)

Blessed are the merchants who advertise, for they have faith in their business, and their prosperity shall increase many fold. Blessed is the woman who sends in a well-written account of a wedding or other social event, for she shall see the details and names of her guests correctly reported.

Blessed are those who do not expect the editor to know everything but who tell him whenever an interesting event occurs in which they are interested for they shall have a better newspaper in that town.

Blessed be the advertisers, correspondents and other reporters who get their copy in early, for they shall occupy a warm place in the publisher's heart.

Blessed are they who co-operate with the editor in his efforts on behalf of the community, for their town shall be known to all men far and wide, as a good place in which to live and do business.

Blessed are they who do not think they could run the paper better than the editor runs it for it's not as simple as it looks.

Blessed are they who pay their subscriptions promptly and who realize they are getting a real bargain for $2.00.

Blessed are they who read the paper for the good they can get out of it rather than for the errors they may find in it.

To undertake Alberta correspondence course in library management

Twenty library custodians from various centres in Alberta have undertaken a six-month in-service correspondence course in library management. First of its kind in Alberta, the course is sponsored by the Cultural Activities Branch (Libraries Division) of the Alberta Provincial Secretary's Department.

The training program is designed to acquaint custodians with the basic elements of library service. Emphasis will be placed on the responsibility of the custodian to build and maintain a book stock that reflects and fulfills the needs of the community, and puts to best use the money designated by library boards for books.

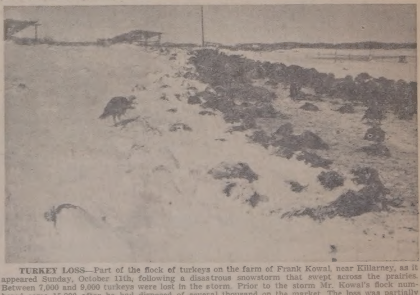
Sections in the correspondence course deal with cataloguing and classifying, book selection, making the library more functional, the Libraries Act and library administration, public relations, library evaluation, and children's work.

A three-day seminar and examination will be held at the University of Alberta at the conclusion of the course in April.

CIGARETTES

Tax-paid withdrawals of cigarettes for consumption, as indicated by the sale of excise revenue stamps, increased in this year's January-September period to 24,822 million from 24,277 million a year earlier.

(The Guide, Killarney, Man.)



TURKEY LOSS—Part of the flock of turkeys on the farm of Frank Kowal, near Killarney, as it appeared Sunday, October 11th, following a disastrous snowstorm that swept across the prairies. Between 7,000 and 9,000 turkeys were lost in the storm. Prior to the storm Mr. Kowal's flock numbered some 15,000 after he had disposed of several thousand on the market. The loss was partially covered by insurance. —Staff photo.

Colorful fruit punch brightens holiday entertaining

The extra few seconds it takes to wait for traffic to pass before turning left can be worth a great deal to you.

You can make fruit punch from almost any combination of fruit juices and it will taste good! For very large groups, cold tea is often added to the punch to "stretch" the fruit juices.

In these recipes from the Consumer section, three Canadian-produced fruit juices are featured—apple, apricot and grape. Should you want larger quantities of punch than these recipes make, simply double or triple the ingredients. If you find you need more than 2 20-ounce cans of apple juice to make the punch of your choice, be sure to buy the larger, economical 48-ounce size can.

One quart (40 ounces) makes 6 to 8 servings depending on size of glasses and amount of ice used The numbers of servings required for a party will depend on how thirsty your guests are but, in general, allow 3 to 4 servings per person.

GRAPE AND APPLE PUNCH
(about 1½ quarts)

1 32-oz. btl. grape juice (4 cups)
1 20-oz. can apple juice
1 small bottle ginger ale

Chill unopened juices and ginger ale until just before serving time, then mix together, adding ice.

APRICOT PUNCH
(about 1 quart)

2 eggs
3 tblsps. lemon juice
3 tblsps. lemon juice
2 13-ounce cans apricot nectar
1 med. sized bottle ginger ale

Beat eggs and sugar together until thick and lemon colored. Stir lemon juice and apricot nectar. Chill. Just before serving, add gingerale and pour over cracked ice.

SPICED APPLE JUICE
(about 1 quart)

2 20-oz. cans apple juice
1 tsp. cider vinegar
12 whole cloves
2 sticks cinnamon
2 tsps. sugar

Mix all ingredients together in saucepan. Bring to boil, remove from heart and let cool. Strain. Serve cold or hot, with cinnamon stick stirrers, if desired.

Director appointed

Appointment of Erle Roger as director of the animal industry branch of the Saskatchewan department of agriculture, was announced by Hon. I. C. Nollet, minister of agriculture. Mr. Roger, who has served as dairy representative and livestock specialist with the department since 1951, succeeds E. E. Brockelbank, who retired recently.

A native of Ontario, Mr. Roger enjoyed a distinguished career at the Ontario Agricultural College, Guelph, from 1947 to 1951. In his first year, he was awarded the Knox Medal for livestock judging and the W. H. Danforth Fellowship, which provides a leadership training course in public service.

ERLE ROGER
(Sask. Govt. Photo)

He graduated in 1951 with first class honors, and received the following awards; Student Council Award for proficiency in athletics, dramatics, executive and academic work; Executive Award for executive work in student societies, and the Ontario Lieutenant Governor's Medal in recognition of his work as the outstanding student in the four-year animal husbandry course.

Following graduation he was appointed assistant agricultural representative for Peel County, Ont. In 1951 he came to the Saskatchewan department of agriculture as dairy representative.

In 1954 he was appointed general livestock representative in the animal industry branch and since then has been responsible for the livestock improvement program.

During the last three years Mr. Roger has devoted particular attention to the development and supervision of farm performance tests for beef cattle, and at the present time some 50 herds are taking part in the program, generally recognized as the best in Canada.

Mr. Roger has won a reputation as an able judge of livestock, having judged Red Poll cattle at the Royal Agricultural Winter Fair, and all types of cattle and sheep at Saskatchewan and Manitoba exhibitions.

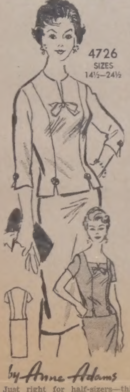
He is highly regarded by stockmen in Saskatchewan and across Canada, and is recognized as an authority on many phases of the livestock business.

Angry, irritated motorists create accidents. Pedestrians can upset drivers, so pedestrians can create accidents. Walk safely.

On long drives, rest your eyes at intervals by glances at hills or houses at a distance, then at curbs or signs nearby.

Slim two-piecer

PRINTED PATTERN



Just right for half-sizers—this two-piece dress gives you a smooth, lean look through the midriff. Proportioned to fit — choose wool, crepe, cotton.

Printed Pattern 4726: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 2⅞ yards 54-inch fabric.

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READ
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FOR RESULTS

Diefenbaker's proposal

Prime Minister Deifenbaker recently outlined the federal government's proposed assistance to Western farmers.

Mr. Diefenbaker said in a statement that aid to farmers who are unable to harvest snow-covered crops would be:

1. A payment of up to $3 an acre on a maximum of 200 acres per farmer on unthreshed crops of wheat, oats, barley, rye and flax. The federal government will regard as eligible for this assistance any individual farmer who has been presented by snow conditions from harvesting 50 percent or more of his field crops.

2. For specialized crops such as sugar beets, potatoes, vegetables and sunflowers, a maximum of $600 per farmer, provided snow conditions have prevented him from harvesting 50 percent or more of the crop.

Mr. Diefenbaker said the government will submit a measure to parliament to provide for federal guarantees of bank loans on unthreshed grain. This would be dealt with by Parliament "very early" after it opens January 14.

Earlier - than - normal payments will be made under the Prairie Farm Assistance Act in areas where the crop appears to be a total loss. PFAA payments are up to $4 an acre, and the Ottawa announcement said PFAA officials have been inspecting hard-hit areas for some time for this purpose.

Normally these inspections — and the payments—would not be made until next year.

Mr. Diefenbaker also said the government is considering extending existing programs of cash advances on farm-stored grain to cover unthreshed grain in the field.

Mr. Diefenbaker made it clear it is up to the three Prairie provincial governments to decide whether they will put the acreage payment plan into effect.

Hon. I. C. Nollet, Saskatchewan farm minister, said it would appear the new plan is slightly more flexible than the one the provinces rejected. The new plan, he said, recognized payments should be graduated on a basis of need, rather than a blanket payment which could be considered an overall program.

Canadiens set new undefeated record

When Montreal Canadiens defeated the Chicago Black Hawks, 3-1, on Nov. 22, they established a new club undefeated record. It brought Canadiens streak of undefeated games to 15, to better by one the previous record the club set in 1943-44.

In 1943-44 the powerful Canadiens were undefeated in the first 14 games played that season. They had 11 wins and three ties during that time. Incidentally, 1943-44 was the season Canadiens failed to lose a single game on home ice. In 25 games at home they won 22 and tied three.

Canadiens unbeaten streak this season started on Sunday, October 18, in New York, when the Habitants defeated the Rangers, 6-5. During their 15-game unbeaten skein the Montrealers won 12 and tied three. They amassed a total of 27 points out of a possible 30.

SPEED Kills
SLOW DOWN
and
LIVE

Announces opening of counselling and referral centre for alcoholics

Opening of Saskatchewan's first counselling and referral centre for alcoholics was announced by Hon. T. J. Bentley, minister of social welfare and rehabilitation. The new centre is situated at the Morris Malt Annex, 2614-6th Avenue, Regina.

The centre is a new division of the bureau on alcoholism and its establishment is regarded by J. F. A. Calder, director of the bureau, as imperative in the treatment and rehabilitation of the alcoholic.

ANGUS CAMPBELL
—Sask. Gov't photo.

Angus Campbell, lay counsellor with the bureau for the past four years, will be in charge of the centre. It opens with a skeleton staff of one lay counsellor, a nurse not yet appointed, Dr. Saul Cohen, consultant physician and Miss Lillian Leskis, a clerk-receptionist. Plans include the appointment of another lay counsellor, a psychologist and a social worker, at a later date.

The function of the centre is to refer alcoholics to the hospital, psychiatric services, Alcoholics Anonymous or other helpful sources. Also at the centre the alcoholic can be counselled regarding his rehabilitation. His family can utilize the counselling service, as well as the employer. Such services have been rendered by the bureau since its inception in 1953, by Mr. Calder and Mr. Campbell on an emergency basis within the limits of their resources.

Mr. Campbell stated that some cases seeking help are chronic; others are acute. "Regardless of the person's condition people with alcoholic problems have many other complications. Help will be extended to all who seek such help on an individual basis," he said.

The staff of the centre will establish a liaison with all agencies who can help in the rehabilitation of the alcoholic.

The Regina centre will for the time being serve the entire province. A similar centre is being planned to serve northern Saskatchewan.

Don't let a friend diagnose arthritis, unless he's a doctor

Even a medical doctor often can't tell if you've got arthritis just be looking at you and taking your temperature and pulse, according to The Canadian Arthritis and Rheumatism Society, Saskatchewan Division.

Arthritis is a complicated disease, and diagnostic tests are needed to determine whether or not it is present and how far advanced it is.

And there are many different kinds of arthritis—not all of them seriously disabling or crippling.

Because this is so, The Canadian Arthritis and Rheumatism Society urges all those who think they may be suffering from arthritis or other rheumatic diseases to see their family doctor and let him decide—instead of guessing about their condition or taking the word of a self-appointed expert friend with little knowledge of the diseases.

This applies even more so to treatment. Advice of friends is often valuable, but it should not be heeded in medical matters. Ask your doctor what form of treatment to follow, the Society says. Don't ask your friends.

The United States is the world's leading producer of coal.

Quebec girl opens own law practise

A successful young woman lawyer in Hull, Que., says there is discrimination against women in her profession both among large law firms and governments.

Miss Huguette-Marie Charette set up her own practice in spite of them and in November reached a milestone in her career defending in her first murder case.

She was selected by Court of Queen's Bench to defend Ronald Kyle Alexander, charged in the May 15 death during a robbery of bank manager Alexander Heron in Timiskaming, Que.

Miss Charette, 28, fluent in French and English, makes district history in becoming the first woman lawyer to defend a man charged with murder.

She was born at nearby Pointe-Gatineau, Que., and graduated in 1956 from the University of Ottawa law school. Admitted to the bar in 1957, she spent a year with a large firm in neighboring Ottawa.

She said in an interview she could see there was no future for her there. "Usually companies want male lawyers."

She found that "the case was the same in the civil service" when she sought employment there. "They don't like to hire women."

The alternatives were to go into other work—as did the only other woman in her law class who now is a secretary—or open her own practice.

She chose the latter, although admitting it was unusual for such a young lawyer, and particularly a woman, to go into practice alone. She opened an office in Hull a year ago.

"I'm surprised," she said. "I'm doing very well."

To be chosen to defend Alexander was "a major step."

The trial, followed the trial of Ernest Cote, 28, of Timiskaming, also charged in the bank manager's shooting.

The manager died of two bullet wounds in the head after he spoiled the robbery attempt by grappling with an armed man.

As soon as the big law firms saw Miss Charette in action in court, "I received several offers." She turned them down. "Perhaps they saw I could make the grade," she said.

Asked why she chose criminal law as her specialty, she said it is more humane.

"I'd sooner deal with human character. In civil law the main consideration is money."

The attractive lawyer says she has no immediate plans for marriage. She wants to develop her law career.

RECREATION IS THERAPEUTIC

Recreation should be a physical and mental tonic, planned for its suitability to age, weight and general physical condition. For a sedentary worker, some exercise should be part of the program, preferably selected by the doctor if the person has reached middle age or is overweight. Most large towns and cities have recreation centres or associations that offer active sports, as well as hobbies and handicrafts.

It [illegible]es the average oak sapling about [illegible] years to reach the stage where it can produce acorns.

Crosses border to defend stamps

America's top discount stamp company, Sperry and Hutchinson Co. of New York, is hurrying to the defense of stamp plans in Canada.

It is forming a Canadian company and opening an information bureau in Toronto "to help create a fair weather atmosphere for discount stamps in Canada."

Is this first step to actual Canadian operations?

Byrne Hope Sanders, co-director of the Canadian Institute of Public Opinion, who is acting as Canadian consultant to Sperry and Hutchinson, says "No".

But she adds, "at any rate not until there is a change in Canadian law and public opinion relating to stamp programs.

"The retail merchants and the Canadian Association of Consumers have been spreading so much information and propaganda against stamps that we think it is time the other side of the story was heard."

George Schirer, Sperry and Hutchinson president, explains the purpose of the Canadian bureau like this:

"Although we have absolutely no business interests in Canada at the present time, we have always been a key exponent of the values of the discount stamp principle to business and to consumers.

"We aim to correct some of the misleading information on stamps that has been reaching the Canadian public."

His company has pioneered stamp plans since 1896.

The bureau itself will be run from 600 University Avenue, Toronto, offices of J. Walter Thompson Co. Ltd., which will conduct a national PR program for the company.

David S. R. Leighton, associate professor of the school of business administration, University of Western Ontario, London, will act as economic consultant.

Meanwhile the stamp supporters seem to be losing their fight in Western Canada.

In Alberta, any store offering stamps risks a $100-a-day fine and can have its license revoked.

J. H. Bates, director of retail sales for IGA Edmonton, predicts the elimination of trading stamps altogether in the West.

In Saskatchewan, Attorney General R. A. Walker has threatened to place a policeman in each store and lay a charge every time stamps are issued. His threat follows conviction of Loblaw Groceterias on two trading stamp charges in Moose Jaw despite dismissal of similar charges against O.K. Economy stores, a Loblaw's subsidiary, by a Regina magistrate only a few days before.

Loblaw's is appealing the Moose Jaw decision but all stamp plans in Saskatchewan have stopped.

Manitoba's stamp battle has brought on civil war in the local IGA group following introduction of "Thank You" stamps into the province.

Loblaw's and IGA are still running stamp plans there but the local RMA has stepped up its anti-stamp battle by asking members to protest to local, provincial and federal governments.

While western warfare rages, the Ontario battleground has been relatively quiet. There's still an appeal waiting to be heard in London, Ont., against a stamp conviction, and this may trigger further action.—Marketing.

Caronia North Cape cruise to include Polish, German ports

On her annual summer cruise to the cool North Cape next July the Cunard liner Carona will include Zoppot, Poland and Hamburg, Germany, among her ports of call.

The 45-day cruise will start from New York June 30 with rates from $1,175, which include return passage from Europe in the Queens or in any of the other nine Cunard passenger vessels.

With the calls in Poland and Germany the Caronia's passengers will be able to enjoy the old world charm of Danzig and a trip up Germany's picturesque Elbe River prior to a two-day visit to Hamburg

The cruise also will offer sightseeing in the four Scandinavian countries of Norway, Sweden, Finland and Denmark and from Helsinki passengers will be able to make overland tours to Leningrad and Moscow.

The 34,000 ton vessel's complete itinerary will include Reykjavik, Iceland; Hammerfest, North Cape; Lyngseidet, Lofoten Islands, Svartisen Glacier, Trondheim, Aandalsnes, Hellesylt, Merck, Bergen, Stavanger, Oslo, Stockholm, Visby, Sweden; Copenhagen, Queensferry and Oban in Scotland; Dun Laoghaire and Glengarriff, Ireland; Le Havre, France and Southampton, England

Shore excursions at the various ports of call are being arranged by American Express.

Is YOUR NAME
In this week's paper?

Well, if not your name, probably the names of some of your friends and neighbors.

Not, of course, because they made the headlines. Fortunately very few of us do.

But simply because you and your friends and neighbors are contributing to the useful life and progress of this area, taking part in church and school activities, visiting the sick, doing the many things which make our community a better place in which to live.

A weekly newspaper is a newspaper about and for people like you . . . reflecting the community's life . . . attempting to assist in its leadership.

It wants to work with you . . . to tell about you . . . to serve you.

That is the job of a good weekly newspaper and, with your help, that is what we are trying to do, editor, reporter, rural correspondent, and advertising salesman working together.

The Local Paper
SERVES YOUR COMMUNITY FIRST

Provincial seed fair will be held in Saskatoon

The fifty-first provincial seed fair will be held in Saskatoon, January 12th to 15th, it was announced recently by R. E. McKenzie director of the plant industry branch of the Saskatchewan department of agriculture. Mr. McKenzie is chairman of the seed fair committee.

The fair is to be held in conjunction with the annual Farm and Home Week meeting at the University of Saskatchewan.

Exhibits must reach Saskatoon by Saturday, January 2, 1960 to be eligible for entry. Prize lists and entry forms are available from agricultural representatives, the extension department at the university and the plant industry branch, Saskatchewan department of agriculture, Regina.

In the open cereal and crop classes samples must be drawn by an authorized official from a lot of clean seed of not less than 100 bushels.

In forage crops three pound samples are drawn from minimum lots of 500 pounds of seed. Hand preparation of samples is not permitted.

There are also classes for 4-H grain club members, and classes for potatoes. Total prize money available is over $1,500.

Christmas breakfast

Christmas breakfast can have just as festive an air as the big dinner. Serve scrambled eggs to which have been added bright red bits of diced canned pimiento, suggests the Poultry Products Institute. Also make a colorful garnish for the grapefruit or cereal with a maraschino cherry poinsettia. Snip maraschino cherry into 4 or 5 petals down to, but not through, the base and spread open. Strips of green maraschino cherries may be used for stems and leaves.

Christmas driver

During this season motorists face all kinds of hazards. Hurrying pedestrians may not be too careful at crossings; other drivers, too, may have problems that make them impatient. It is just as well to take a public conveyance if there is heavy traffic involved, or if coming from a party, when the driver may not be as alert as usual.

Do FALSE TEETH Rock, Slide or Slip?

FASTEETH, an improved powder to be sprinkled on upper or lower plates, holds false teeth more firmly in place. Do not slide, slip or rock. No gummy, gooey, pasty taste or feeling. FASTEETH is alkaline (non-acid). Does not sour. Checks "plate odor" (denture breath). Get FASTEETH at any drug counter.

You Can Depend On

When kidneys fail to remove excess acids and wastes, backache, tired feeling, disturbed rest often follow. Dodd's Kidney Pills stimulate kidneys to normal duty. You feel better—sleep better, work better. You can depend on Dodd's. Get Dodd's at any drugstore. 58

Dodd's Kidney Pills

When you 'phone Long Distance

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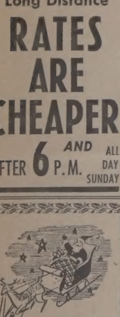
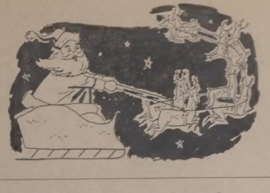
AFTER 6 P.M. AND ALL DAY SUNDAY


A sleighful of jolly-good things is what we ordered from Santa for all our many good friends.

Electric Motor Service Ltd.
REGINA, SASK.

The night before Christmas

'Twas the night before Christmas, when all through the house
Not a creature was stirring, not even a mouse.
The stockings were hung by the chimney with care,
In hopes that St. Nicholas soon would be there.
The children were nestled all snug in their beds,
While visions of sugar-plums danced in their heads;
And mom in her kerchief, and I in my cap,
Had just settled down for a long winter's nap—
When out on the lawn there arose such a clatter
I sprang from my bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutter, and threw up the sash.
The moon on the breast of the new-fallen snow
Gave a lustre of midday to objects below;
When what to my wondering eyes should appear
But a miniature sleigh and eight tiny reindeer,
With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick!
More rapid than eagles his coursers they came,
And he whistled and shouted and called them by name.
"Now, Dasher! now, Dancer! now, Prancer and Vixen!
On, Comet! on, Cupid! on, Donder and Blitzen!—
To the top of the porch, to the top of the wall,
Now, dash away, dash away, dash away all!"
As dry leaves that before the wild hurricane fly,
When they meet with an obstacle mount to the sky,
So, up to the housetop the coursers they flew,
With a sleigh full of toys — and St. Nicholas, too.
And then, in a twinkling, I heard on the roof
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came with a bound:
He was dressed all in fur from his head to his foot,
And his clothes were all tarnished with ashes and soot:
A bundle of toys he had flung on his back,
And he looked like a pedler just opening his pack.
His eyes, how they twinkled! his dimples, how merry!
His cheeks were like roses, his nose like a cherry;
His droll little mouth was drawn up like a bow,
And the beard on his chin was as white as the snow.
The stump of a pipe he held tight in his teeth,
And the smoke, it encircled his head like a wreath.
He had a broad face and a little round belly
That shook, when he laughed, like a bowl full of jelly.
He was chubby and plump—a right jolly old elf:
And I laughted when I saw him, in spite of myself;
A wink of his eye, and a twist of his head,
Soon gave me to know I had nothing to dread.
He spoke not a word, but went straight to his work,
And filled all the stockings; then turned with a jerk,
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose.
He sprang to his sleigh, to his team gave a whistle,
And away they all flew like the down of a thistle.
But I heard him exclaim, ere they drove out of sight,
"Merry Christmas to all, and to all a good-night!"



Gelatine-glazed ham for professional touch

When you serve a supper buffet-style it's always nice to have something eye-catching and a little bit different to attract the attention of your hungry guests. We think you'll agree that this gelatine-glazed ham, not too fussy to prepare and very easy to serve, will please all concerned.

You will need sliced ham, either ready-cooked or baked at home. The gelatine glaze is very similar to that prepared by professional chefs. They use it to dress up ham, poultry and other meats for the beautiful buffet displays which they prepare as proof of their talent and culinary ability.

BUFFET PETAL HAM

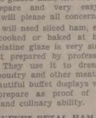
For a small buffet to serve only a few people, invert a small platter (or shallow oval bowl) on a larger platter. Starting at one end of the small platter, place the large slices of ham down the centre up over the small platter to the other end, allowing slices to overlap. On sides, insert smaller slices of ham between upper slice to give petal effect, making sure to cover small platter.

For a large buffet where more meat is needed, reserve the best slices for outer layer and place remaining slices in piles on large platter, arranging them to resemble the shape of a ham, narrow and low at one end, wider and high at the other. Then arrange the best slices on top as directed for "small buffet" ham. Cover with wax paper and chill in refrigerator for about 1 hour.

Transparent Glaze (Double the recipe for large ham)
1 pkg. (1 tblsp.) unflavored gelatine
¼ cup cold water
1 cup boiling water
1 tblsp. lemon juice
⅛ tspn. salt

Soak gelatine and cold water in a small saucepan for 5 minutes. Add boiling water, lemon juice and salt and stir until gelatine is dissolved. Set pan in cold water, stirring occasionally, until mixture becomes syrupy. Carefully pour over chilled ham to form a thin glaze on entire surface. Remove any excess glaze from platter. Garnish and serve (or keep in refrigerator until time to set up buffet table).

CHRISTMAS GIFTS


"Happiness is in your Hands"
For relaxation, fun, or profit, choose a handicraft from
Anne's Arts & Crafts Supplies
1720 Scarth St.,
REGINA
Write for illustrated catalogue, 35c—refunded with your following order of $3.00 or over.

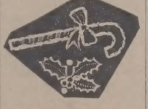
Christmas party

Let's start out with invitations made from white cardboard paper and on the front fasten a real candy cane with a bright red ribbon. On the inside draw a Christmas tree filled with candy canes and print the invitation: "Come to our Candy Cane Party at . . . . . . 's House on December . . . . . at 8.00 p.m." Plan to deliver the invitations personally if you use a real candy cane.

Plan your decorations to include lots of Christmas candy canes. Have your regular Christmas decorations—tree, wreath, card display, decorated candles, etc. If you have two rooms set aside for the party, or plan to move from the living room to the dining room dessert, you might make a clever archway of two large interlocking cardboard canes with spiraling red stripes. If curtains have tie-backs, fasten candy canes on top of the curtain pins.

You might decorate your door with a large snow foam candy cane with a bright red satin ribbon and fasten to the door with a large red bow.

Musical chairs is a game everybody seems to enjoy. Chairs are placed back to back and then everybody marches around them while the music is being played. When the music stops everybody sits down. If there are 12 at the party you use 11 chairs and after each stop of the music one chair is removed until there is one chair left and two people to march around. The winner could receive a candy-cane. Or you can place a small rug in the centre of the room and have everyone lined up to parade over it in a circular march. The music will stop suddenly, and those left on the rug must drop from the game. This is continuous until only one person is left to receive a candy-cane reward.



Next you could try some challenging stunts on your guests. Unless they are very exceptional, they cannot:

1. Stand for five minutes without moving, while blindfolded.
2. Stand with both your heels together against a wall and pick up something from the floor.
3. Light a candle while balancing your weight on one knee.
4. Turn around rapidly five times and then walk a straight line.

Try these feats and test them on your friends. It's a good routine for breaking the ice at a party.

Next let's have a holiday scramble. Give each guest a pencil and paper with the following jumbled words printed on it. Tell the guests that the words have a holiday significance, if they can straighten them out correctly.

1. tirggesen (greetings)
2. hilgst (lights)
3. Incased (candles)
4. nbribo (ribbon)
5. naatssulca (Santa Claus)
6. urteyk (turkey)
7. lebls (bells)
8. esltni (tinsel)
9. nkoicsgt (stocking)
10. gkespaac (packages)
11. mmnilaa (mailman)
12. rhtawe (wreath)
13. oalrc (carol)
14. fgti (gift)
15. eret (tree)
16. eortdaocnis (decorations)
17. ittmosele (mistletoe)
18. aeesicnbrrr (cranberries)
19. rsntpsee (presents)
20. inehymc (chimney)

If placecards are to be used I would suggest placecards with a candy cane and a red ribbon.

For food, I would suggest turkey, hot rolls, butter, pickles, lime gelatine with shredded cabbage, radish pieces and carrots in the gelatin mix to simulate Christmas ornaments; cookies made with a cookie cutter and decorated; rainbow ice cream; and tea, coffee, soft drinks or cocoa to suit the age group present.

SAFE ONE FOR THE ROAD

For the duration of the Christmas season until after the holidays, the good driver will have the responsibility not only for his own driving but also for avoiding the consequences of driving errors on the part of less conscientious motorists who operate their cars when their sight or general condition is impaired. The last "one for the road" should be tea, coffee or soft drinks—they're safe to drive on.

Dim your headlights when driving at night behind another car. You can blind from behind.

QUARTER TURKEY ROAST
A front quarter roast of turkey is the perfect answer for those who prefer the white meat. Hind quarter roasts have more dark meat than white.

Christmas
IDEAS

WREATH: Buy lightweight round fluorescent fixture for the centre and hang it from a small nail. Make a wreath of fireproof artificial cedar and fit snugly around fixture and decorate with red bow (use metal clips to make wreath and to attach bow). Attach wreath to fixture with cellophane tape.

FLUORESCENT TUBES: Decorate with half-inch red masking tape (low heat of fluorescent lighting will not melt tape's gummed back). Add red bows and hang from a small nail.

ANGELS: You need a frosted-light bulb; beads and sequins to decorate face; curly scouring metal for hair; cone-shaped paper party hat for robe; wired brass socket on 6-inch length of running-thread pipe; wire coat hanger to make base; yellow pipe cleaner; paper nut cup; piece of bright ribbon; gold or silver spray; nonflammable adhesive cement; masking or friction tape (or metal fasteners). Cement beads and sequins to light bulb to make face; cement on hair. Cut top off paper hat, leave opening size of socket, and decorate robe. Use pliers to shape hanger for base; straighten hook, bend it at right angles to main part of hangar and attach to pipe with tape or metal clips. Set robe over socket and screw decorated light bulb in place. Form pipe cleaner into halo and cement to back of head. Spray nut cup with gold or silver, cut in half and cement one half to each side of angel's back to make wings. Tie a bright ribbon around the angel's neck and add any other trimming you'd like.

CANDY CHAIN: Take several packs of Life Savers and two different cords to make these holiday tree chains. Tie two cords together, each about two feet in length. String the red and green cord through the mints. To make the candies lie flat, string the red cord over the top mint. String the green cord from the bottom. For the next mint string the green cord over the top and the red from the bottom. And so on until all the candies are strung.

SANTA FACE: On a flat jar lid, the kind with a white lining, paint on Santa's face. Then cut out a red paper cap and glue it to his head. Next glue on white cotton for whiskers and hair. Also glue a band of cotton on his cap and a bit for a tassel. Tape red ribbon to the back or the ornament to hang on the tree.

CHRISTMAS CARD STARS: Take last year's Christmas cards and use cookie cutters to cut out patterns from these cards. Mount on a matching shape cut from cardboard. Loop a piece of bright string between the pieces at the top to hang them up.

TIN ICICLES: Save strips of tin from cans that open with a key. Be careful not to cut yourself. Hold wound-up strips with gloves or pliers and pull key to stretch the strip out into a curly icicle. Use the key, or shape them into circles or triangles, to hang on the tree.

Some present!

A Lady gave me a Christmas gift she had not,
And I received her gift which I took not.
She gave it willingly yet she would not;
And I received it, albeit I could not.
If she give it me I force not,
And if she take it again, I grieve not.
Consider what this is and tell not,
For I am fast sworn, I may not.

Solution: As you probably guessed, a kiss.

Hair grows faster in warm weather than it does in cold weather.

PAISLEY: Diamond Tea Gown takes paisley-printed Arnel faille in coachman style, nipped by four buttons at the waistline. Perfect for Christmas in bright red print. It lounges without wrinkling, takes hand washings with little ironing necessary.

Smooth, golden gravy important with turkey

Few will dispute the fact that a generous ladle full of good turkey gravy adds the final, perfect touch to a plate of Christmas dinner. The generous slices of turkey meat with savory stuffing, fluffy mashed potatoes and your favorite Christmas vegetables all seem to taste better when there is hot, smooth gravy blending them together.

When we say gravy we don't include the insipid, thickened fat and water mixture some folks serve in the gravy boat. No sir! We mean the full-flavoured rich, smooth gravy you make according to this tried and true method recommended by the home economists of the Consumer Section.

After removing the turkey and wire rack from the roaster, pour the drippings into a measuring cup. Each quarter cup of drippings will make two cups of gravy, sufficient for eight generous servings. So, if you want four cups of gravy, pour one-half cup of drippings back into the roasting pan.

Now, using a whip or wooden spoon, blend an equal quantity (½ cup) of all-purpose flour into the fat in the pan. Cook until the flour becomes brown but not burned. (This browning of the flour is one of the flavour secrets of good gravy and it also improves the color)

Remove pan from heat and stir 4 cups cool or lukewarm liquid, (water, liquid off vegetables or boiled giblets) into the fat-flour mixture, making sure that no lumps remain. Return to low heat and cook gravy until thickened and smooth, stirring constantly. Continue cooking for about 5 minutes, then season with salt and pepper to taste. Serve piping hot.

For a change, add chopped, cooked giblets or sauteed, sliced mushrooms to the gravy. If on standing gravy seems too thick, thin with a little hot water or vegetable liquid.

Lure of the scale

Weigh scales have a special fascination for the overweight person who always has to stop and learn the worst. It would be much easier to see the doctor and follow his prescribed diet. If the extra pounds are due to some health condition, that can be cleared up with proper teatment. Most cases of overweight are due to over-eating and if a balanced diet is followed carefully, the average person can get rid of the superfluous flesh by just cutting down on too many "extras". Adults are healthier if they are a little underweight rather than over, especially as they grow older.

A galvanized iron roof, properly grounded, will give good protection against lightning.

The Management and Staff of R. J. Fyfe Equipment Ltd. extend to all their friends and customers of 1959 very best wishes for a very

MERRY CHRISTMAS
and
A HAPPY AND PROSPEROUS NEW YEAR
and will look forward to serving you again in 1960.

R. J. FYFE EQUIPMENT LTD.
REGINA and SASKATOON

To Our Many Friends and Customers A Very

merry Christmas

Saskatchewan Co-operative Creamery Ass'n.
Head Office, Regina, Sask.

Leave us your next
Order for
printing

You do not have to send elsewhere when you can get it just as neatly and cheaply at home

Our Print Shop is ready always to meet your requirements in

Everything in the Job Printing Line

The Times Job Department
P.O. Box 280

W. H. SPADY, D.C., Ph. C.
CHIROPRACTOR
Graduate of P.S.C. and Bremer C.C.
Neurocalometer and X-Ray
Office Hours—
10-12, 2-6 Monday, Thursday, Saturday, Evenings: 7 to 8:30.
Phone 528 - DRUMHELLER, Alta.

Coal

We are now in a position to make deliveries of 'Burnbrite' (Willow Creek) coal. Phone G. A. Chambers, Delia 9-1124.

Card of Thanks

My sincere thanks to Drs. Wilkins and Argue, and staff of the Hanna Hospital, for the kind attention I received while a patient there. Many thanks to friends and neighbours for the gifts, cards, and calls. Also thanks to all who helped Jeanne in so many ways; your kindness has been truly appreciated.

Mac Sinclair.

Church Services

THE UNITED CHURCH OF CANADA

Mr. Lynn Turner, Pastor.
Delia and Craigmyle
Delia Sunday School......10:45 a.m.
Delia Service of Worship 12:00 a.m.
Craigmyle (combined service)...... ....10:30 a.m.
And on Alternate Sundays
Hand Hills .... 2:00 p.m.
Michichi , ... 2:00 p.m.
Come and Worship

Delia Inter-Denominational Church

Mr. Grant Williams, Pastor.
Sunday School .... 10:30 a.m.
Church Service .... 11:30 a.m.
Christian Fellowship Service every Friday night, at 8 p.m.
We invite you to come.

CHURCH OF THE NAZARENE

Rev. C. E. Rawson, Pastor.
Craigmyle:
Sunday School ——— 10.00 a.m
Morning Worship ——— 11.00 a.m
WEEK DAY MEETINGS:
Prayer Meeting, Wednesday 8 p.m.
A Hearty welcome to All.

Local Grain Prices

Oats—	
1 c.w.	.52⅝
2 c.w.	.52⅝
Ex. 3 c.w.	.49⅝
3 c.w.	.49⅝
Ex. 1 feed	.49⅝
1 feed	.47⅝
Barley—	
No. 1 c.w. 6 row	.81
No. 2 c.w. 6 row	.81
No. 3 c.w. 6 row	.79
No. 4 c.w. 6 row	.73
No. 1 c.w. 2 row	.74
No. 2 c.w. 2 row	.74
No. 3 c.w. 2 row	.71
1 feed	.70
Rye—	
2 c.w.	.80
3 c.w.	.75
4 c.w.	.68
Egorty	.66
Flax—	
1 c.w.	2.28
2 c.w.	2.23
3 c.w.	2.19

Dominion Wheat Board Prices

No. 1 Northern	1.21½
No. 2 Northern	1.17½
No. 3 Northern	1.13½
No. 4 Northern	1.06½
No. 5 Wheat	.89½
No. 6 Wheat	.83½
Feed Wheat	.77½

Twenty one percent more cars were registered in Canada for 1959 driving than were recorded in the previous year

WANTED

Wanted, a gasoline engine for washing machine. Iron Horse, and in good working condition.

Please Phone 91333

The Delia Times

PUBLISHED WED. EVENINGS

JOS. McKIBBON
Editor and Proprietor

Subscription rates $2.00 per annum payable in advance.

Classified Advertising, such as Lost, Stolen or Strayed, Articles Wanted or For Sale, Etc., 50c first insertion, first five lines or less; extra lines 10c per line. Subsequent insertions, 25c; extra lines 5c prepaid. If charged 25c extra will be added.

Municipal, Legal and Reader Advertisements 15c per line first insertion, 10c per line each subsequent insertion.

Display Advertising and Local advertising rates on application.

Changes of advertising must reach this office not later than noon each Tuesday to insure insertion in the following issue.

THURSDAY, JANUARY 28, 1960

THE FAMILY FARM

Amid the moans heard nowadays from officials of farm organizations about the supposed need to preserve the family farm as a "way of life," it is refreshing to hear the candid views of Nova Scotia's Minister of Agriculture, Mr. E. D. Haliburton, who told the N. S. Federation of Agriculture recently that farming had ceased to be a way of life and had now become a "highly specialized and technical profession." To those who would buck the tide of change and progress in agriculture, Mr. Haliburton had this to say: "Vertical integration is here and is likely to spread because it is part of the technical revolution in agriculture.... Rather than fight to stem a tide, I believe it would be wise for farmers to control and guide it."

Commonsense advice, this. It is a pity that so many farm organization officials are lacking in the kind of realism displayed by Mr. Haliburton.

CANADA'S ECONOMY

Prime Minister Diefenbaker and members of his cabinet foresee no grave or immediate threat to Canada's wellbeing in 1960. This optimism is properly tempered, as Finance Minister Fleming's recent speech in Toronto Indicates, by stressing need for restraint in demands that stir the fires of inflation and further weaken Canada's competitive position in world and domestic markets.

It is, therefore, disquieting to hear from Dr. O. J Firestone economic adviser to the Department of Trade and Commerce, that Canada faces a recession about 1962 "more severe than any we have had in the postwar period or any we may encounter in the latter part of the 1960s."

Dr. Firestone may well be right. Certainly he is right in asserting that it is of prime importance to preserve the purchasing power of the Canadian dollar. It is also certain that his remarks about a recession in 1962 may have an important influence on business investment decisions in the intervening period.

Soundness of Dr. Firestone's reasoning in his remarks before Canadian Association of Advertising Agencies is not open to serious question. What is open to question, however, is wisdom of allowing a senior civil servant to make speeches touching upon national economic policy and prospects before any such views have been expressed by the Minister of Trade and Commerce.

Local & District

The weather continues very cold, with overnight sub-zero temperatures. At present writing the mercury reads 10 above.

* * *

1960 is Leap Year, and according to the World Book Encyclopedia, you can blame the Scots for declaring it open season on bachelors.

* * *

Mrs. C. M. Howie and Miss Gertrude Gray, of Kindersley, Sask., were visiting with Mr. and Mrs. W. J. Howie, Delia, over last week end.

* * *

Word comes that Harry F. Crosweller, of Calgary, is a patient in the Col. Belcher Hospital, suffering from heart trouble, and incidentally shortness of breath.

* * *

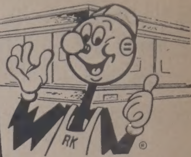
Messrs. Clarence Greer, Mike Marshall, Bill Reeves, and Sandy Beaton, were successful in winning each a clock as 4th prize in the 2nd event at the recent Byemoor Men's Bonspiel.

* * *

Mr and Mrs. J. Kary, Delia, had as recent visitors their son and daughter-in-law and family, Mr. and Mrs. Les Kary. Les, who is a member of the R.C.M.P., is being transferred to Ontario.

* * *

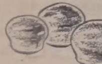
Monday was the anniversary of the birth of Robert Burns, Scotland's national poet, who was born January 25, 1759, and died 37 years later, on July 21, 1796.



BIG VALUES
TODAY and EVERY DAY

Canadian Utilities Supermarket
Cost of electricity for food preparation, food preservation and household service

BAKERY TREATS
Lucious flavor at low, low prices



Homemade Rolls — Bake them, freeze them, store in your home freezer along with fresh vegetables and meat. Everything stays flavor-packed in your refrigerator at a daily cost for electricity of only ---------- 6c

Doughnuts— 60 dozen done to perfection in your electric deep fryer for only ---------- 1c

Cookies — for the lunchbox, 60 baked in the oven of your electric range for only ---------- 2c

Toast— to your taste. 7 golden slices from your automatic electric toaster ---------- 1c

Fluffy Cakes — whipped in your electric mixer at a cost for electricity of less than ---------- 1c

YOUR OWN MIX
Golden Pancakes—Light, fluffy pancakes that will make your mouth water—16 baked on your electric grill for only ---------- 1c

PICNIC SPECIALS

Whole Picnic Hams baked to perfection in your automatic electric oven, ready to take with you to the picnic for only ---------- 5c

A Summer Suggestion — Delicious cold roast beef, easily sliced for in-between-meal snacks or picnic lunches. Cost for safekeeping in your refrigerator for many days ---------- 1c

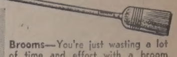
Fryers—Juicy, tender, french fried to a golden brown in a deep fryer at a cost for electricity of only ---------- 3c

Pork and Beans—enough to serve 6 persons, baked Boston style in your electric casserole for only ---------- 3c

Beef Roast— The finest you've ever tasted. Done to a turn with shrinkage reduced to a minimum in your electric oven for ---------- 9c

Roast Turkey — kept cold for a whole day along with everything else in your refrigerator for about ---------- 3c

CLEANING SPECIALS



Brooms—You're just wasting a lot of time and effort with a broom when you can vacuum six large rugs electrically for less than ---- 1c

Soap— probably costs more than the electricity to operate your automatic dishwasher which runs for one solid hour for less than ---------- 3c

Plastic Clothes Pins — in bright colors such as vivid red, green and yellow. You don't really need these, though, as you can fluff-dry clothes in an automatic clothes dryer for only ----------per load 10c

Washboard—good quality, sturdy. But why waste your money on a washboard when you can use an automatic washer for less than ---------- per load 3c

Decorative Candles—beautiful and colorful but so high-priced when you consider that you can operate a 100-watt bulb for 10 hours for only ---------- 3c

BEAUTY AID
Plenty of hot water for your shower and all of the other household requirements in an average home, heated electrically for only ---------- 18c per day

CANADIAN UTILITIES
MODERN
SUPERMARKET
Open 24 hours a day,
365 days a year

Canadian Utilities,
LIMITED

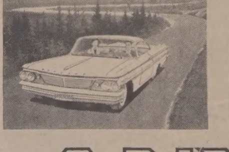
Deficiency Payments

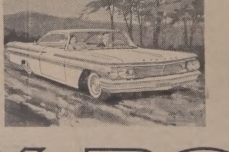
The Alberta Federation of Agriculture will continue to press for deficiency payments on prairie grown wheat, oats and barley marketed in the past two crop years. A resolution calling for such action was passed last week at the annual meeting of the Federation. The resolution had previously been endorsed by the Farmers' Union of Alberta, the Alberta Wheat Pool, and the United Farmers of Alberta Co-operative.

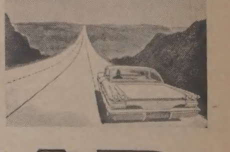
The resolution also called for a two-price system for wheat—one price for export trade and one for domestic consumption which would bear a fair relationship to present day costs of production and returns enjoyed by other sections of the economy.

Most people are like steel When they lose their temper, they're worthless.

STRAIGHTENS... SMOOTHS... SHORTENS...







ANY ROAD

PONTIAC SAFE-T-TRACK DIFFERENTIAL HELPS YOU THROUGH SNOW, ICE, MUD AND SAND. AN EXTRA-COST OPTION.

LAURENTIAN *Sport Coupe*

Pontiac puts extra pleasure in every mile you drive...with built-in driveability!

This-a-way, that-a-way—on super highway or rutted byway Pontiac's new, carefree ride is a winner *all* the way! And not without good reasons. Pontiac's flawless steering control and improved all-coil suspension smooths out the roughest roads—straightens out the trickiest turns. Set Pontiac's handsome prow down the straightaway and monotonous miles shrink into memorable moments of driving pleasure. Take any road you like—but take it better in the new carefree Pontiacs for 1960—at your dealer's, now.

A GENERAL MOTORS VALUE

For early delivery... see your PONTIAC *dealer now!*

For the best in drama, see "General Motors Presents" weekly — check local TV listing for time and channel

P-960B

LARKIN & ISAAC, Phone 324, DELIA.